

BASIC RESEARCH

# Adeno-associated virus-mediated heme oxygenase-1 gene transfer suppresses the progression of micronodular cirrhosis in rats

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#### Abstract

**AIM:** To test the hypothesis that enhancement of the activity of heme oxygenase can interfere with processes of fibrogenesis associated with recurrent liver injury, we investigated the therapeutic potential of over-expression of heme oxygense-1 in a CCl<sub>4</sub>-induced micronodular cirrhosis model.

**METHODS:** Recombinant adeno-associated viruses carrying rat HO-1 or GFP gene were generated.  $1\times10^{12}$  vg of adeno-associated viruses were administered through portal injection at the time of the induction of liver fibrosis.

RESULTS: Conditioning the rat liver with over-expression of HO-1 by rAAV/HO-1 significantly increased the HO enzymatic activities in a stable manner. The development of micronodular cirrhosis was significantly inhibited in rAAV/HO-1-transduced animals as compared to controls. Portal hypertension was markedly diminished in rAAV/HO-1-transduced animals as compared to controls, whereas there are no significant changes in systolic blood pressure. This finding was accompanied with improved liver biochemistry, less infiltrating macrophages and less activated hepatic stellate cells (HSCs) in rAAV/HO-1-transduced livers.

**CONCLUSIONS:** Enhancement of HO activity in the livers suppresses the development of cirrhosis.

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**Key Words:** Cirrhosis; Portal hypertension; Heme oxygenase; Gene therapy; Adeno-associated virus

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#### INTRODUCTION

Heme oxygenase (HO) is a rate-limiting enzyme that cleaves pro-oxidant heme into equimolar amounts of carbon monoxide (CO), biliverdin/bilirubin, and free ferrous iron [1,2]. Up to date, three isoforms of HO have been identified. Among of them, HO-1 and HO-2 are expressed in livers. HO-2 expresses constitutively in hepatocyte and functions as an important enzyme in catalyzing the endogenous and exogenous heme. In contrast, HO-1 is an inducible form of HO in livers [3]. Although expression of HO-1 in the liver is primarily restricted to a subpopulation of Kupffer cells [3,4], the protein is expressed in both parenchymal and particularly non-parenchymal liver cells, and therefore results in higher enzymatic activities of HO under stress conditions [4]. The cytoprotective effects of enhanced HO activities in liver might be through the mechanisms associated with its catalytic products. All of its three catalytic products can contribute the protective effects of HO [5-7].

HO-1 was induced in the livers with cirrhosis [8]. It was thought to be an adoptive response to oxidative stresses, inflammatory insults of persistent or recurrent liver injury as well as the responsiveness to the increase of intrasinusoidal resistance. HO-1 was mainly expressed in Kupffer cells, sinusoidal endothelial cells, stellate cells and in a part of hepatocyte in livers with cirrhosis [8,9]. HO-1 was also expressed in vascular system that might contribute to the development of hemodynamic changes in the rats with cirrhosis [9]. In addition, higher levels of CO production might be associated with the development of hepatopulmonary syndrome in patients with cirrhosis [10]. Thus, it becomes controversy whether the expression of HO-1 or enhancement of HO activities contribute to the pathophysiological changes in the development of cirrhosis, or whether HO-1 functions as homeostatic molecule in controlling of disease progression. To elucidate the role of

HO-1 in the context of recurrent hepatocellular injury and the development of cirrhosis, here we take the advantage of adeno-associated viral vector to increase the overall HO enzymatic activity of the liver in a stable manner and to investigate the effects of HO-1 in the disease progression in carbon tetrachloride (CCl<sub>4</sub>)-induced cirrhosis model.

#### **MATERIALS AND METHODS**

## Generation of recombinant adeno-associated viral vectors (rAAVs)

rAAVs were produced and purified as previously described <sup>[11]</sup>. In brief, a full-length HO-1 gene originally cloned from the spleen of a LEW rat or the reporter gene GFP was inserted into the vector plasmid to construct pSNAV1/GFP or pSNAV1/HO-1. rAAV/GFP or rAAV/HO-1 was generated in BHK-21 cells (American Type Culture Collection, Manassas, VA) by transfection of vector plasmid and subsequent rescue rAAVs (serotype 2) by co-infection with recombinant HSV1-rc/ $\Delta$ UL2, which is essential for viron packaging. A large scale of rAAV was purified as described <sup>[12]</sup>.

#### Animal model and gene delivery protocol

Inbred LEW rats (230-250 g) were purchased from the Animal Institute of Medical School Hannover, Germany and were maintained in the Laboratory Animal Unit of the University of Hong Kong. The study was approved by the Committee on the Use of Live Animals for Teaching and Research, the University of Hong Kong. Micronodular liver cirrhosis in LEW rats was induced using a protocol described previously [13]. In brief, phentobarbital sodium (35 mg/L) was given one week before the first dose of CCl<sub>4</sub> in order to increase the sensitivity of the rat liver to CCl<sub>4</sub> and was present in drinking water in the whole period of induction. A total of 9 doses of CCl<sub>4</sub> (0.2 mL/kg per wk) were given to the rats intragastrically. rAAVs  $(1\times10^{12}\text{v.g.})$ was given through the portal vein of rats at the time pentobarbital was given in drinking water and 7 d before the first dose of CCl<sub>4</sub>.

### Liver biochemistry, histology, immunohistochemistry and FI ISA

Serum samples were collected at the end point of experiments. The activities of alanine aminotransferase (ALT) and total bilirubin in the plasma were measured in the Department of Clinical Biochemistry, the University of Hong Kong. Liver samples were snap frozen and stored at -75 °C until further applications. Five micrometers of frozen sections were used for hematoxylin and eosin staining, Masson's trichrome staining, and immunohistochemistry. The area of fibrotic tissues in the cross section of livers was measured by the computer software (MetaMorph imaging system, Universal Imaging Corporation, PA) after Masson's trichrome, collagen 1α and fibronectin staining. All measurements were done in a double-blind manner with at least 20 areas/liver (fibrotic area, original 200×) in the 5 livers/group. Mouse anti-rat ED1 (infiltrating macrophage), anti-ED2 (tissue residential macrophage), anti-HO-1 (OSA-111) monoclonal antibodies and polyclonal anti-TGF-β1, anti-desmin, anti-collagen 1α, and

anti-fibronectin antibodies (Serotec Ltd., Oxford, UK; Stressgene, Victoria, British Columbia, Canada; Chemicon, Temecula, CA; Santa Cruz, CA) were applied in this study for immunohistochemistry using the standard horseradish peroxidase protocol. Serum macrophage migration inhibitory factor (MIF) level was detected by ELISA according to the instruction of manufacturer (Chemicon).

#### Measurement of portal and systolic blood pressure

Animals were anesthesized with ketamine (100 mg/kg, ip) and Rompun (0.2 mg/kg, ip). Portal pressure and systolic blood pressure were measured by directly introducing 24G Angiocath® (BD Biosciences, San Jose, CA) into the portal vein or abdominal aorta and connecting with a saline filled strain gauge transducer. The signals were monitored by Colin BP-408 Mark III (Japan) and were set to zero before the measurement.

#### HO enzymatic activity

The HO enzymatic activity was measured by the production of microsomal bilirubin in the liver. Frozen samples of livers were homogenized in ice-cold sucrose and Tri-HCl buffer. Microsomal pellet was obtained after centrifugation and was then re-suspended in MgCl<sub>2</sub>-potassium phosphate buffer. Sample protein was further incubated with the reaction mixture containing rat liver cytosol, hemin, glucose-6-phosphate, glucose-6-phosphate dehydrogenase and NADPH (Sigma-Aldrich, St. Louis, MO) for 60 minutes at 37 °C. The generated bilirubin was measured using spectrophotometry. The level of bilirubin production was demonstrated by the ratio of sample/normal liver.

#### RNase protection assay

The mRNA level of target genes was determined by RNase protection assay according to the instruction of manufacturer (RiboQuant kit, BD Biosciences Pharmingen, San Diego, CA). In brief, total RNA of transduced and non-transduced liver samples were extracted and purified using Rneasy kit (Qiagen, Hilden, Germany). Three micrograms of RNA/samples were hybridized with complimentary [<sup>32</sup>P]UTP labeled riboprobes overnight. The probes were digested with Rnase and were loaded on a denatured polyacrylamide gel. The radioactive signals were then detected by exposure to X-ray film (BioMax, Kodak, Rochester, NY) and quantified by phosphorimaging (Strom, Molecular Dynamics, Sunnyvale, CA).

#### Statistical analysis

Data were demonstrated as mean  $\pm$  SEM. One-way ANO-VA was used to compare the difference of means between the experimental groups with the Bonferroni's *t*-test. P < 0.05 was considered statistically significant.

#### **RESULTS**

#### rAAV-mediated stable HO enzymatic activity in rat liver

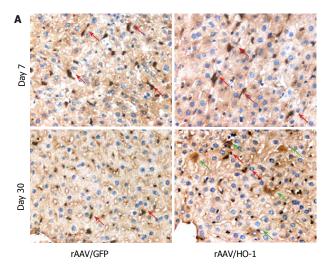
To enhance HO activity in a stable manner, we administered the rAAV carrying rat HO-1 cDNA to the liver through portal injection. After the injection, a large num-

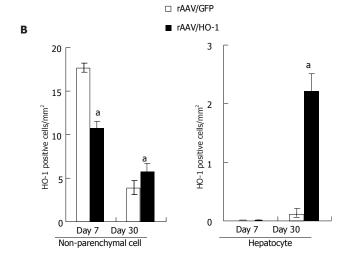
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#### Enhancement of HO activity suppressed the development of cirrhosis in rats

Intragastrically administration of CCl<sub>4</sub> to adult LEW rats for 9 wk resulted in the formation of micronodular cirrhosis. To further evaluate the effects of elevated HO activity on the development of cirrhosis, we examined various parameters relating to cirrhosis after over-expression of HO-1 in rat liver by rAAV gene transfer (Figure 2A). Histological examination showed massive amount of fibrotic tissues accumulated in the portal tract areas of non-transduced or rAAV/GFP-transduced livers and led to the formation of micronodular cirrhosis accompanied with portal hypertension and lower systolic blood pressure in the majority of rats. rAAV/HO-1 gene transfer markedly diminished the amount of accumulated fibrotic tissues as shown in Masson's trichrome (MT) staining and immunohistochemistry. No micronodular cirrhosis was formed and only minimal fibrotic tissues could be found in the portal tract areas of rAAV/HO-1-transduced livers (Figure 2B). Analysis of fibrotic areas using the computer software showed that there was significantly less fibrotic element deposition in the rAAV/HO-1-transduced liver  $(7.9\% \pm 0.9\%$  by MT staining,  $3.1\% \pm 2.6\%$  by collagen  $1\alpha$ 





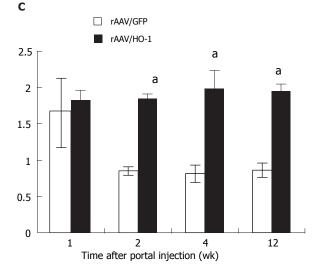
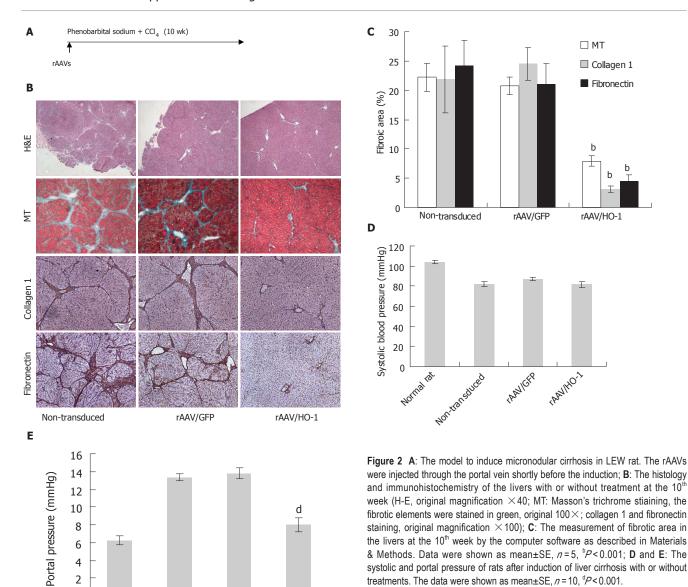


Figure 1 A: The expression patterns of HO-1 in the livers after portal injection of rAAV/HO-1 in LEW rats. Red arrow indicated the HO-1-positive non-parenchymal cells; green arrow indicated the hepatocyte; B: The quantification of the HO-1 positive cells in the liver after administration of rAAV/HO-1. Data were presented as number of HO-1 positive cells per mm<sup>2</sup>; n=3-5, mean  $\pm$  SE,  ${}^{a}P<0.05$ ; **C**: The HO enzymatic activity of rAAV/GFP or rAAV/HO-1 transduced livers. The data were demonstrated as the amount of generated bilirubin of microsomal protein from liver tissues and were shown as the fold changes over the normal rat liver, mean  $\pm$  SE, n=3,  ${}^{\circ}P < 0.05$ .



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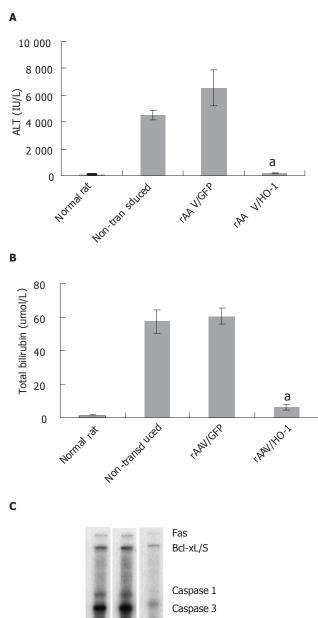
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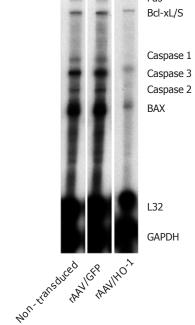
staining,  $4.4\% \pm 1.2\%$  by fibronectin staining, P < 0.001). In contrast, in the livers of non-treatment or rAAV/GFP treated groups, there was a higher level of fibrotic element deposition ( $22.2\% \pm 5.8\%$  or  $20.8\% \pm 3.8\%$  by MT staining,  $21.9\% \pm 5.7\%$  or  $24.5\% \pm 2.8\%$  by collagen  $1\alpha$  staining,  $24.1\% \pm 4.4\%$  or  $21.1\% \pm 3.6\%$  by fibronectin staining, Figure 2C). In addition, the beneficial effects of HO-1 on the development of liver cirrhosis could be reflected by the reduction of portal hypertension ( $8.0 \pm 0.8$  mmHg versus  $13.3 \pm 0.4$  mmHg in the non-treatment group and  $13.8 \pm 0.6$  mmHg in the rAAV/GFP treatment group, P < 0.001), whereas there was no significant difference at the systolic blood pressure ( $81.7 \pm 0.3$  mmHg) in comparison to non-treatment ( $81.8 \pm 0.6$  mmHg) or vector controls ( $87.0 \pm 0.2$  mmHg, P > 0.31, Figures 2D and 2E).

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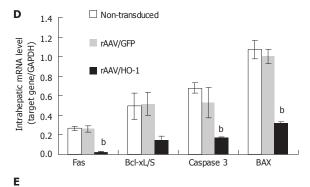
# Stable HO activity protected against CCl₄-mediated recurrent liver injury

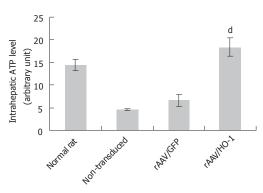
Repeated administration of CCl4 to adult rats led to chronic liver injury with elevated plasma level of total bilirubin (no treatment group: 57.25 ± 6.95 μmol/L; rAAV/GFP group: 60.5±4.87 μmol/L) and ALT (non-treatment group:  $4522 \pm 334 \text{ IU/L}$ ; rAAV/GFP group:  $6552 \pm 1363 \text{ IU/L}$ , n=5). Increasing HO activity in the liver by rAAV/HO-1 significantly improved the liver function of rats under long-term CCl<sub>4</sub> toxicity, the amount of total bilirubin and ALT decreased dramatically in the rAAV/HO-1-treated rats in comparison to non-treatment or rAAV/GFP controls (total bilirubin:  $6.20\pm3.49~\mu mol/L$ ; ALT: 199.6  $\pm$ 80.5 IU/L, n = 5, P < 0.005, Figures 3A and 3B). To further examine the protective effects of over-expressing HO-1 in the livers, we determined the transcript level of apoptotic genes and energy exchanges of livers under long-term CCl<sub>4</sub> toxicity. Rnase protection assay showed the transcript level of Fas, caspase 3, and BAX genes significantly diminished in the rAAV/HO-1-transduced livers (n = 3, P < 0.05,





Figures 3C and 3D), whereas these genes were strongly expressed in the non-transduced or rAAV/GFP-transduced livers. The beneficial effects of HO-1 on CCl<sub>4</sub>-mediated chronic liver injury were also shown by the improvement of liver energy exchanges. Over-expression of HO-1 by rAAV significantly improved the intrahepatic ATP level





**Figure 3** A and **B**: The liver function of rats with or with treatment under long-term  $CCl_4$  toxicity was presented by the determination of plasma ALT and total bilirubin level. The data was shown as mean $\pm$ SEM, n=5-10,  $^aP<0.001$ ; **C** and **D**: The representative picture of the expression patterns of apoptotic genes in the livers at the  $10^{th}$  week. The mRNA level of genes was detected by RNase protection assay. The quantification of the expression level was measured by phosphoimager as described in Materials & Methods. The data were shown as mean  $\pm$  SE, n=3-5,  $^bP<0.05$ ; **E**: The ATP level of the livers of rats with or without treatments at the  $10^{th}$  wk, n=5-10,  $^dP<0.001$ .

in rAAV/HO-1transduced liver in comparison with non-treatment or rAAV/GFP-transduced livers of rats under long-term CCl<sub>4</sub> toxicity (n = 3-5, P < 0.05; Figure 3E).

## Stable HO activity suppresses the pro-inflammatory and pro-fibrogenic responses in CCI<sub>4</sub>-treated rats

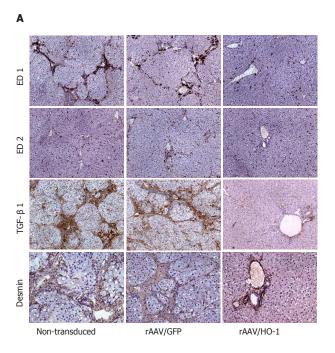
To characterize the effects of HO-1 on the chronic inflammatory response followed by liver injury, we examined the histopathological parameters of liver tissues and transcript or protein level of pro-inflammatory cytokine-MIF. A large amount of ED1-positive (infiltrating) macrophages accumulated in the portal tract areas in the non-transduced or rAAV/GFP-transduced livers, whereas only a few ED1-positive macrophages were found in rAAV/HO-1-transduced livers (Figure 4A). In contrast, there was no significant change in the number of ED2-positive (tissueresidential) macrophages in the livers of CCl<sub>4</sub>-treated rats. In consistent with the immunohistochemical stainings, detection of intrahepatic mRNA level by Rnase protection assay and serum levels of MIF by ELISA method showed significant reduction of the expression level of MIF in rAAV/HO-1-treated rats in comparison to non-treatment or rAAV/GFP controls (n = 3-5, P < 0.001, Figures 4B and 4C).

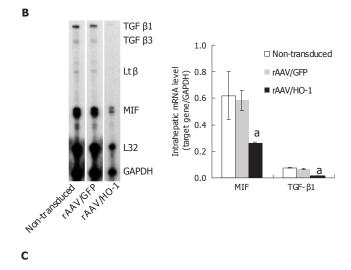
To examine the effects of rAAV/HO-1 on the fibrogenic process after liver injury, we next examined the expression patterns of pro-fibrogenic cytokine-TGF- $\beta$ 1, which plays an important role in the activation and transition of HSCs to myofibroblast-like cells after liver injury. Immunohistochemistry showed that TGF- $\beta$ 1 was highly expressed in the portal tract areas in the livers of long-term CCl<sub>4</sub>-treated rats. In contrast, only a minimal number of cells expressed TGF- $\beta$ 1 in rAAV/HO-1-transduced livers of rats under the same CCl<sub>4</sub> protocol (Figure 4A). Parallel to the immunohistochemical stainings, RNase protection assay also showed significant reduction in the transcript level of TGF- $\beta$ 1 in rAAV/HO-1-transduced livers (n = 3-5, P < 0.001, Figure 4B). This finding was associated with the decreased number of activated HSCs (desmin-positive) in rAAV/HO-1-transduced livers (Figure 4A).

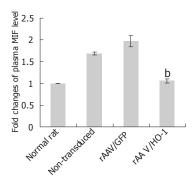
#### DISCUSSION

There is a wide range of factors can result in hepatocellular injury. However, the primary response leading to subsequent pro-inflammatory and pro-fibrogenic responses in liver is extraordinary similar [14]. Analysis of clinical parameters based on the treatment of primary liver disease showed encouraging results in the decrease of the severity of liver fibrosis/cirrhosis [15,16]. However, none of anti-fibrotic treatment has been shown clinically effective. A number of therapeutic approaches targeting on antioxidant, anti-inflammatory response, suppression of HSC activation, induction of HSC apoptosis or increase of the degradation of extracellular matrix have been shown effective in the attenuation of the severity of liver fibrosis/cirrhosis in various animal models [14]. Most of them, however, cannot easily translate to the clinical setting, because the majority of approaches focus on the single step of disease progression and the clinical situation is far more complex than that in the experimental setting. Thus, it is still urged to find out a therapeutic target that has multiple effects on disease progression and can be applied potentially in the clinical setting.

HO-1-mediated anti-apoptotic and anti-inflammatory activities are among the most attractive mechanisms in cellular protection [17]. In fact, HO-1 only expresses in a subpopulation of Kupffer cells in normal liver, whereas a small amount of HO-2 is constitutively being expressed in hepatocyte [3,4]. None of them expresses in sinusoidal endothelial cells and hepatic stellate cells [3]. However, a significant increase in HO-1 expression was observed on the whole organ level under stress conditions [4]. In the liver with acute injury, HO-1 was expressed in the majority of Kupffer cells and infiltrating macrophages, which might function as a feedback loop to control the macrophage activation [18-20]. Although the whole HO activity increases dramatically, the need for the liver to overcome the insults of cellular injury seems to be relatively insufficient. Increasing HO activity by introduction of exogenous HO-1 by rAAV/HO-1 in our model that significantly improved the long-term outcomes of CCl<sub>4</sub>-induced liver cirrhosis could be based on (1) the anti-apoptotic effects of HO-1 on hepatocyte; (2) the anti-inflammatory effects of HO-1 on the control of the cellular response of hepatocyte in the production of MIF under stress and/or injury condi-







**Figure 4 A:** The representative pictures of pro-inflammatory and pro-fibrogenic responses in the livers of rats with or without treatment at the  $10^{\text{th}}$  week. Infiltrating macrophage (ED1), tissue residential macrophages (ED2), TGF-β1, and activated hepatic stellate cells (desmin) were detected by immunohistochemistry; original magnification,  $\times 100$ ; **B:** The profile of pro-inflammatory and profibrogenic cytokine expression. The level of mRNA was detected by RNase protection assay and was quantified by phosphoimager, n=3-5,  $^{\text{b}}$ P<0.05; **C:** The plasma level of macrophage migration inhibitory factor (MIF) was detected by ELISA. The data were shown as fold changes of over the level in normal rat, n=3-5,  $^{\text{b}}$ P<0.001.

tions and the suppression of the macrophage activation; and (3) the anti-fibrogenic effects of HO-1 on the suppression of the collagen synthesis and/or proliferation of activated HSCs.

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Improvement of liver function under long-term CCl<sub>4</sub> toxicity by rAAV/HO-1 may reflect the fact that the expression of HO-1 in the hepatocyte was able to prevent liver damage, which was supported by the down-regulation of pro-apoptotic genes and enhancement of liver ATP level in our model. In acute liver injury and ischemia/ reperfusion injury of transplanted liver, recent data suggested that the resistance of HO-1 expressing cells to the pro-apoptotic stimuli might be directly through its enzymatic product CO and/or indirectly through the induction of the Fe<sup>2+</sup>-sequestering protein ferritin. Exposure of CO to the primary hepatocyte could prevent the tumor necrosis factor-α-mediated and anti-CD95-mediated apoptotic events through the down-regulation of caspase-3 activity [21], whereas the induction of ferritin suppressed serumdeprived or oxidative stress-mediated hepatocyte apoptosis by modulation of intracellular Fe2+ level and inhibition of Fe<sup>2+</sup>-mediated conversion of hydrogen peroxide into OH<sup>-</sup> and OH through the Fenton reaction <sup>[7,22]</sup>. In addition to antiapoptotic effects, HO-1 could also suppress the production of pro-inflammatory cytokine-MIF production in a human primary hepatocyte culture (Tsui TY, et al. unpublished data). This may suggest that HO-1 can function as homeostatic molecule in the prevention of apoptotic event and the control of cellular response.

HO-1 can be induced in various cell types including HSC through direct or indirect mechanisms. Our data are consistent with a recent finding in primary human HSC culture showing that the induction of HO-1 expression in HSC suppressed the transcript level of pro-collagen 1α and serum-mediated HSC proliferation [23]. This may suggest that HO-1 can serve as a negative regulator in the control of HSC activation and proliferation. Thus, less accumulation of fibrotic elements and prevention of the development of portal hypertension in rAAV/HO-1-transduced animals might reflect the outcomes of cellular protection, anti-inflammatory and anti-fibrogenic responses. Although further investigation is needed to clarify the mechanisms in more details, increased HO activity in liver and systemic effects of the products of HO enzymatic activity can be the key in the control of the development of cirrhosis and portal hypertension in our model.

In conclusion, our data demonstrated that enhancement the HO activity in a stable manner can suppresses the pathophysiological changes of cirrhosis. In addition, rAAV-mediated gene transfer may represent an attractive approach in controlling the development of cirrhosis. However, further studies should be carried out in order to answer the question of whether the rAAV approach is suitable for the hepatitis virus-mediated chronic liver injury and the subsequent outcome.

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