

## Involvement of cyclic guanosine monophosphate-dependent protein kinase I in renal antifibrotic effects of serelaxin

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## Conflict of interest statement

The authors declare a potential conflict of interest and state it below.

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1        **Involvement of cyclic guanosine monophosphate-dependent protein**  
2                                **kinase I in renal antifibrotic effects of serelaxin**

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19

20        **Running title:** cGMP-dependent antifibrotic signaling of serelaxin

21

22 **ABSTRACT**

23 **Introduction:** Kidney fibrosis has shown to be ameliorated through the involvement of cyclic  
24 guanosine monophosphate (cGMP) and its dependent protein kinase I (cGKI). Serelaxin, the  
25 recombinant form of human relaxin-II, increases cGMP levels and has shown beneficial effects on  
26 kidney function in acute heart failure patients. Antifibrotic properties of serelaxin are supposed to be  
27 mediated via relaxin family peptide receptor 1 and subsequently enhanced nitric oxide/ cGMP to  
28 inhibit TGF- $\beta$  signaling. This study examines the involvement of cGKI in the antifibrotic signaling of  
29 serelaxin.

30  
31 **Methods and Results:** Kidney fibrosis was induced by unilateral ureter obstruction in wildtype  
32 (WT) and cGKI knock-out (KO) mice. After 7 days, renal antifibrotic effects of serelaxin were  
33 assessed. Serelaxin treatment for 7 days significantly increased cGMP in the kidney of WT and  
34 cGKI-KO. In WT, renal fibrosis was reduced through decreased accumulation of collagen1A1, total  
35 collagen and fibronectin. The profibrotic CTGF as well as myofibroblast differentiation were reduced  
36 and matrix metalloproteinases-2 and -9 were positively modulated after treatment. Moreover, Smad2  
37 as well as extracellular signal-regulated kinase 1 (ERK1) phosphorylation were decreased, whereas  
38 phosphodiesterase (PDE) 5a phosphorylation was increased. However, these effects were not  
39 observed in cGKI-KO.

40  
41 **Conclusion:** Antifibrotic renal effects of serelaxin are mediated via cGMP/cGKI to inhibit Smad2-  
42 and ERK1 -dependent TGF- $\beta$  signaling and increased PDE5a phosphorylation.

43  
44 **Key words:** Relaxin, serelaxin, cGMP-dependent protein kinase, kidney, interstitial fibrosis,  
45 signaling, nitric oxide

46

## 47 1. Introduction

48 Kidney fibrosis is a key contributor to chronic kidney disease (CKD), mainly resulting from diabetes  
49 or hypertension in developed countries. The prevalence of CKD is estimated 7.2% in patients aged  
50 30 years or older.(Zhang and Rothenbacher, 2008) Renal fibrosis is characterized by excessive  
51 accumulation of extracellular matrix (ECM) including collagen and fibronectin. Transforming growth  
52 factor- $\beta$  (TGF- $\beta$ ) and connective tissue growth factor (CTGF) are profibrotic cytokines which  
53 promote fibroblast to myofibroblast differentiation expressing  $\alpha$ -smooth muscle actin ( $\alpha$ -SMA).  
54 These cells are predominantly expressed in fibrotic tissue contributing to the deposition of ECM and  
55 modulation of matrix metalloproteinases (MMPs). To prevent or reduce renal fibrotic tissue, the  
56 modulation of cyclic nucleotides, particularly cyclic guanosine monophosphate (cGMP) might be  
57 promising. cGMP has already shown to be increased in kidney fibrosis as well as further increased  
58 through pharmacological intervention for the amelioration of kidney fibrosis and improvement of  
59 renal function.(Wang et al., 2006) Currently, cGMP modulation is achieved by several therapeutic  
60 approaches including nitric oxide (NO) donors and sGC stimulators.(Schlossmann and Schinner,  
61 2012)

62 Relaxin was firstly described by Hisaw *et al.* in 1929 due to its antifibrotic effects in the reproductive  
63 system.(Hisaw, 1929) By now, serelaxin showed pleiotropic effects in several experimental and  
64 clinical research, mainly mediated through its G-protein coupled receptor relaxin family peptide  
65 receptor 1 (RXFP1).(Bathgate et al., 2013) Antifibrotic effects involve NO, soluble guanylate cyclase  
66 (sGC) and the downstream mediator cGMP to inhibit TGF- $\beta$  signaling.(Samuel, 2005;Halls et al.,  
67 2015;Wang et al., 2016) Serelaxin – the recombinant form of the naturally occurring human  
68 pregnancy hormone relaxin-II – is a cGMP modulating agent, which is currently being tested in a  
69 phase III clinical trial for acute heart failure. About 18% to 40% of patients with acute heart failure  
70 also experience worsening of renal function during acute decompensation, which adversely affects  
71 prognosis.(Cole et al., 2012) Serelaxin has already shown improved organ function as indicated by  
72 reduced biomarker levels for renal damage after recompensation.(Metra et al., 2013;Teerlink et al.,  
73 2013)

74 Schinner *et al.*(Schinner et al., 2013) and Cui *et al.*(Cui et al., 2014) have demonstrated renal  
75 antifibrotic signalling via NO/cGMP and the cGMP-dependent protein kinase I (cGKI) in rodents  
76 after the administration of NO donors and soluble guanylyl cyclase stimulators. However, a possible  
77 role of cGKI in serelaxin's antifibrotic effect still remains unclear.

78 Further research is necessary to elucidate downstream mechanisms involved in the RXFP1-  
79 NO/cGMP dependent antifibrotic pathway. The aim of this study was to examine the antifibrotic  
80 signalling pathway of serelaxin in the kidney. We hypothesized that serelaxin's antifibrotic properties  
81 are mediated through cGKI.

82

## 83 2. Methods

### 84 2.1 Animals

85 129/Sv-WT and 129/Sv-cGKI-KO mice (Pfeifer et al., 1998) were bred and maintained in the animal  
86 facilities of University of Regensburg. Experiments are conducted according to the guide for the Care  
87 and Use of Laboratory Animals published by the US National Institute of Health. Protocols were

88 approved by local authorities for animal research (Regierung der Oberpfalz, Bayern, Germany, #54-  
89 2532.1-26/13) and conducted according to German law for animal care.

### 90 **2.2 UUO and serelaxin treatment**

91 UUO, an established mouse model for chronic renal interstitial fibrosis,(Chevalier et al., 2009) was  
92 performed according to Schinner *et al.*(Schinner et al., 2013) Kidney tissues of WT and cGKI-KO  
93 mice were divided into 4 groups: mice untreated or treated with serelaxin. Fibrotic tissue was derived  
94 from UUO-obstructed kidney, healthy tissue from contralateral kidney served as control. Serelaxin  
95 was diluted in 20 mM sodium acetate (pH= 5) and administered continuously through osmotic  
96 minipumps (Alzet; model 1007D) immediately after UUO for 7 days (0.5 mg/ kg/ day).

### 97 **2.3 Tissue preparation**

98 Under isoflurane inhalation kidney tissue was removed after perfusion with 0.9% NaCl 7 days after  
99 UUO. Proteins from kidney tissue were solubilized in 50 mM Tris/ 2% SDS/ phosphatase inhibitor  
100 (PhosSTOP, Roche; 1 tablet/5 ml) / protease inhibitors (leupeptin 0.5 µg/ml, PMSF 300 µM,  
101 benzamidine hydrochlorid 1mM, EDTA 5 mM) for 45 min at 7°C followed by centrifugation at  
102 12400 g, 7°C, 45 min. In supernatants, protein content was determined by modified Lowry  
103 method(Lowry et al., 1951) and stored at -80°C until analysis.

### 104 **2.4 Western blot analysis**

105 Protein expression of glyceraldehyde-3-phosphate dehydrogenase (GAPDH), ERK1/2, P- ERK1/2,  
106 P-Smad2, P-VASP (Ser 239), GAPDH (antibodies from Cell Signaling, Danvers, USA), TGF-β,  
107 CTGF, PDE5a (antibodies from Santa Cruz Biotechnology, Heidelberg, Germany) and P-PDE5a (Ser  
108 92) (FabGennix, Texas, USA) were assayed by western blotting. After SDS-PAGE proteins were  
109 transferred to PVDF membranes. Donkey anti-goat IgG HRP (santa cruz Biotechnology, Heidelberg,  
110 Germany) and donkey anti-rabbit IgG HRP (Dianova GmbH, Hamburg, Germany) were used as  
111 secondary antibodies. Quantification was performed by ImageLab™ densitometry software (BioRad,  
112 München, Germany). Values were related to corresponding GAPDH values, except P-ERK1/2 is  
113 related to ERK1/2. Change of markers from healthy to fibrotic tissue was compared by values of  
114 fibrotic tissue in relation to healthy tissue, both untreated WT mice. The influence of treatment on  
115 markers was determined only in fibrotic tissue by analyzing values of markers in relation to mean  
116 values of untreated fibrotic WT, which were set as 1.

### 117 **2.5 Gelatin zymography assay**

118 The activity of MMP2 and MMP9 was determined using gelatin zymography. SDS-PAGE was  
119 performed with a gel containing 0.1% gelatin. After washing (100 mM NaCl and 2.5% Triton X-100  
120 in 50 mM Tris-HCl, pH 7.5) the gel was transferred to a reaction buffer (200 mM NaCl, 0.02%  
121 NaN<sub>3</sub>, 0,5 µM ZnCl<sub>2</sub>, 1 mM CaCl<sub>2</sub>, 2% Triton-X 100, in 50 mM Tris-HCl, pH 7.5) for enzymatic  
122 reaction at 37°C overnight. Gel was stained with Coomassie blue, destained in 10% acetic acid (v/v)  
123 and 30% methanol (v/v) and quantified using Image Lab. MMPs in fibrotic tissue were expressed as  
124 relative values of markers in fibrotic kidneys from untreated WT mice.

### 125 **2.6 Enzyme linked immunosorbent assays**

126 Serelaxin serum levels were determined using Human Relaxin-2 Quantikine® ELISA (R&D  
127 Systems, Wiesbaden-Nordenstadt, Germany). cGMP levels in kidney tissue using cGMP EIA (IBL-

128 Cayman, Hamburg, Germany). Measurements were performed according to manufacturer's  
129 instructions.

### 130 **2.7 Sirius red/ fast green method for quantitation of collagen**

131 Collagen levels in the kidneys were measured by a modified sirius red/ fast green method (Lopez-De  
132 Leon and Rojkind, 1985), based on selective binding of sirius red to collagen and fast green dye  
133 binding to non-collagen proteins. Sirius red/ fast green staining was calculated as increase (%) of  
134 collagen [ratio collagen/non-protein collagen] after 7 days UUO related to healthy kidney as  
135 described previously.(Schinner et al., 2013)

### 136 **2.8 Immunohistochemistry**

137 Kidney tissues were cut at 4 µm. Immunohistochemistry and quantification was performed according  
138 to Schinner *et al.*.(Schinner et al., 2013) Primary antibodies are mouse anti-α-SMA (Beckman  
139 Coulter, Krefeld, Germany), rabbit anti-Col1a1 and rabbit anti-fibronectin (Abcam, Cambridge, UK).  
140 Alexa 647-conjugated donkey anti-rabbit and Cy2-conjugated donkey anti-mouse served as  
141 secondary antibodies. For quantification the increase after UUO was related to the healthy kidney.

### 142 **2.9 Quantitative RT-PCR**

143 Isolation of total RNAs from kidney tissue, determination using quantitative RT-PCR as well as  
144 calculation was described previously.(Schinner et al., 2013) mRNA levels of αSMA, fibronectin,  
145 Col1a1, MMP2 and MMP9 were detected. 18S rRNA served as housekeeping gene. The ΔΔCT  
146 (cycle threshold) value is calculated from the difference of the corresponding control (C) and  
147 fibrosis-induced kidneys (F) [ $\Delta\Delta\text{CT} = \Delta\text{CT}(\text{C}) - \Delta\text{CT}(\text{F})$ ]. Then, the ratio of expression (r) was  
148 determined [ $r = 2^{\Delta\Delta\text{CT}}$ ].

### 149 **2.10 Serum creatinine**

150 Serum creatinine was determined by a previously published HPLC method with minor  
151 modifications.(Schramm et al., 2014) Serum (10 µl) was mixed with 50 µl perchloric acid to  
152 precipitate proteins. The tube was mixed, kept at 4°C for 15 min, then centrifuged (5 min, 10,800 g).  
153 5 µl of the supernatant was injected into the HPLC apparatus (Prominence LC20 series equipped with  
154 a LC20A photometric detector set at 234 nm; Shimadzu, Duisburg, Germany). Separation was  
155 performed using a Zorbax 300-SCX 5 µm, 150 × 4.6 mm, analytical column (Agilent,Waldbronn,  
156 Germany) and a mobile phase consisting of 5 mM sodium acetate (pH=5.1) / acetonitrile (800 : 200  
157 (v : v)). Creatinine eluted after 6.3-6.5 min at a flow rate of 1.0 ml/ min (column temperature 35°C).

### 158 **2.11 Statistical analysis**

159 All data are expressed as mean ± SEM. Statistical differences between two means were calculated by  
160 unpaired student's t-test (two-tailed, confidence interval 95%). Statistical significance was marked by  
161 asterisks (\*, p < 0.05; \*\*, p < 0.01; \*\*\*, p < 0.001). n indicates number of animals. For data analysis,  
162 GraphPad Prism, version 6, (GraphPad software, Inc., La Jolla, CA, USA), was used.

163

164



165 **3. Results**166 **3.1 Effect of serelaxin on cGMP and cGKI in kidney tissue**

167 Plasma levels of relaxin were determined through serelaxin ELISA in wildtype (WT) and cGKI  
 168 knockout (cGKI-KO) mice. In untreated mice serum levels were at  $11.4 \pm 1.4$  pg/ml for WT (n=11)  
 169 and at  $0.04 \pm 0.04$  pg/ml for cGKI-KO (n=5). In serelaxin treated mice serum levels increased to  
 170  $20361 \pm 2290$  pg/ml for WT (n=14) and  $13357 \pm 3122$  pg/ml for cGKI-KO mice (n=4, not  
 171 significantly different for WT and cGKI-KO), which was highly statistically significant compared to  
 172 untreated mice (WT:  $p < 0.001$ ; cGKI-KO:  $p = 0.0018$ ).

173 cGMP levels were investigated in kidney tissue. Figure 1 A shows that cGMP was higher in fibrotic  
 174 tissue 7 days after unilateral ureteral obstruction (UUO) than in the contralateral kidney ( $42.8 \pm 5.7$   
 175 pmol/g vs.  $25.9 \pm 5.2$  pmol/g). After serelaxin treatment cGMP levels of fibrotic kidneys further  
 176 increased significantly ( $95.0 \pm 12.5$  pmol/g).

177 The activity of cGKI can be determined by quantification of cGKI-specific vasodilator-stimulated  
 178 phosphoprotein (VASP) phosphorylation at Serine 239. In Figure 1 B an increase of VASP  
 179 phosphorylation was observed after serelaxin treatment, in healthy and in fibrotic WT tissues. The  
 180 increase in WT mice, expressed as relative values in kidneys from untreated WT mice, changed from  
 181  $0.94 \pm 0.12$  (n=5) to  $1.68 \pm 0.32$  (n=5) after treatment. In cGKI-KO this effect was lacking ( $0.79 \pm$   
 182  $0.22$ ; n=3 vs.  $0.86 \pm 0.17$ ; n=2).

183 **3.2 Effect of serelaxin on  $\alpha$ -SMA in WT- and cGKI-KO kidneys**

184 mRNA of  $\alpha$ -SMA, a marker of myofibroblast differentiation, (Nagamoto et al., 2000) was increased  
 185 in both WT and cGKI-KO after UUO. A reduction of mRNA was observed after treatment with  
 186 serelaxin in WT, whereas no effect was seen in cGKI-KO after treatment (Figure 2 A). As expected,  
 187 in unobstructed renal tissue only vascular smooth muscle cells were immunostained with  $\alpha$ -SMA, in  
 188 UUO-obstructed kidneys enhanced interstitial expression was observed (data not shown). In WT,  $\alpha$ -  
 189 SMA protein was elevated compared to the contralateral kidney, after serelaxin treatment the  
 190 increase was significantly reduced. In cGKI-KO no significant reduction of  $\alpha$ -SMA protein  
 191 expression through serelaxin was demonstrated (Figure 2 B).

192 **3.3 Effect of serelaxin on ECM accumulation in WT- and cGKI-KO kidneys**

193 Fibronectin and collagen1A1 (Col1A1) are components of ECM, whose gene expressions are  
 194 upregulated in fibrosis through TGF- $\beta$  signaling. mRNA of both genes were elevated in fibrotic WT  
 195 kidney 7 days after UUO compared to the contralateral kidney. Fibronectin and Col1A1 mRNA were  
 196 reduced through serelaxin in WT (Figure 3 B, Figure 4 A). Protein expression was strongly elevated  
 197 by more than 40% for fibronectin and Col1A1 in both WT and cGKI-KO mice, compared to kidneys  
 198 without UUO (for fibronectin, Figure 3 A, C). Significant reduction of both proteins through  
 199 serelaxin treatment was observed only in WT after 7 days of treatments.

200 Protein expression of total collagen was elevated by  $21.4\% \pm 0.99$  in fibrotic WT and significantly  
 201 decreased through serelaxin treatment to an elevation of  $16.6\% \pm 1.7$  compared to unobstructed  
 202 kidneys ( $p=0.0126$ ). In cGKI-KO, effects of serelaxin on ECM accumulation were not observed  
 203 (Figure 3 A, C, Figure 4 B, C).

204 **3.4 Regulation of MMPs by serelaxin in WT- and cGKI-KO kidneys**

205 MMPs are relevant for the degradation of ECM. mRNA of MMP2 was 6.8-fold ( $\pm 0.58$ ) increased in  
206 fibrotic tissue, whereas MMP9 was not increased in that pathological condition (0.88-fold  $\pm 0.53$ ).  
207 Through serelaxin treatment, only the elevated levels of MMP2 mRNA were significantly decreased  
208 (4.3-fold  $\pm 0.61$ ), no changes were found for MMP9 mRNA after treatment (0.76-fold  $\pm 0.067$ ).  
209 (Figure 5 C, E). Zymography distinguishes between latent and active MMP proteins (Figure 5 A, B).  
210 In WT, latent and active forms of MMP2 were elevated in fibrosis (5.9-fold  $\pm 1.3$ ; 4.2-fold  $\pm 0.84$ ),  
211 protein expression of latent MMP9 was significantly enhanced in fibrotic tissue (3.0-fold  $\pm 0.42$ ),  
212 active form significantly decreased (0.69-fold  $\pm 0.098$ ) compared to contralateral kidneys (n=12,  
213 respectively).

214 Figure 5 D and F show regulation of MMPs only in fibrotic tissue expressed as relative values of  
215 markers in kidneys from untreated WT mice. Consistent with data from mRNA, latent and active  
216 forms of MMP2 were both significantly reduced through serelaxin treatment in fibrotic kidneys.  
217 Through reduction of latent MMP9 and increase of active MMP9 after treatment physiological  
218 conditions were nearly restored.

219 The above described effects on MMP2 and MMP9 were not observed in cGKI-KO mice after  
220 treatment (Figure 5 D, F).

### 221 **3.5 Signaling Molecules in WT- and cGKI-KO kidneys treated with serelaxin**

222 As mentioned above, cGMP levels were elevated through serelaxin and, so far, cGKI-KO mice  
223 showed no antifibrotic effects, which suggested the involvement of the NO/cGMP/cGKI pathway in  
224 the antifibrotic effect of serelaxin. Subsequently, several signaling molecules were analyzed by  
225 western blotting, which are involved in fibrosis. Representative western blots demonstrated  
226 modulation of the selected markers in fibrotic conditions compared to healthy (Figure 6 A).

227 Downstream to serelaxin, protein expression of phosphorylated extracellular-signal regulated kinase  
228 1/2 (P-ERK1, P-ERK2) was analyzed. P-ERK1 were significantly elevated in kidneys of WT mice  
229 compared to the contralateral after undergoing UUO for 7 days (P-ERK1: 1.8-fold  $\pm 0.24$ ; n=7).  
230 cGMP is degraded by phosphodiesterase (PDE) 5a, which is strongly upregulated in fibrosis (6.0-fold  
231  $\pm 1.3$ ; n=10), whereas phosphorylation of PDE5a at the cGMP-dependent phosphorylation site serine  
232 92(Thomas et al., 1990) (0.68-fold  $\pm 0.12$ ; n=7) was decreased. TGF- $\beta$  is a profibrotic cytokine, that  
233 was 5.3-fold ( $\pm 1.1$ ; n=12) elevated in the fibrotic kidneys compared to the contralateral renal WT  
234 tissue. Its downstream profibrotic signaling is dependent on Smad or -independent via ERK1/2  
235 phosphorylation. Both P-Smad2 (1.926  $\pm 0.2384$ ; n=12) and ERK-1 (see above) were significantly  
236 elevated in fibrotic renal WT tissue. Additionally, further TGF- $\beta$  transcription genes, e.g. CTGF were  
237 analyzed in this experiment. It was confirmed, that CTGF levels were elevated 3.3-fold ( $\pm 0.77$ ;  
238 n=12) in obstructed WT kidneys.

239 Protein levels of all signaling markers were significantly different in healthy and fibrotic kidney  
240 tissue from WT mice – P-PDE5a was reduced, remaining markers increased in fibrosis.

241 Figure 6 B illustrates the influence of serelaxin on markers only in fibrotic tissue of WT and cGKI-  
242 KO. Values are related to untreated fibrotic WT kidneys, which were set as 1.

243 The phosphorylation of ERK1 normalized to total ERK1 was significantly reduced in WT through  
244 serelaxin treatment, but not in cGKI-KO.

245 eNOS and nNOS were increased in fibrosis, but were not further enhanced after treatment with  
246 serelaxin (data not shown).

247 The cGMP degrading phosphodiesterase (PDE) 5a is slightly enhanced through serelaxin in WT, and  
248 furthermore serelaxin significantly enhanced phosphorylation of PDE5a, indicating enhanced activity  
249 of PDE5a in fibrosis. The treatment-dependent increase in PDE5a phosphorylation is lacking in  
250 cGKI-KO. TGF- $\beta$  itself remained unchanged in fibrotic tissue despite serelaxin treatment, but  
251 downstream signaling of TGF- $\beta$  was affected through treatment. Serelaxin significantly reduced P-  
252 Smad2 in WT, but not in cGKI-KO. Signaling via Smad-independent pathway was regulated through  
253 ERK1/2 phosphorylation. (Leask and Abraham, 2004) As mentioned above, ERK1 phosphorylation  
254 was significantly reduced after treatment only in WT kidneys.

255 As previously stated, collagen, fibronectin and myofibroblast differentiation ( $\alpha$ -SMA) was decreased  
256 (see above). 7 days after UUO continuous infusion of serelaxin decreased CTGF significantly in WT,  
257 but not in cGKI-KO.

### 258 **3.6 Effect of serelaxin on kidney function of WT- and cGKI-KO mice**

259 Kidney function was measured by serum creatinine levels analyzed 7 days after UUO. Figure 7  
260 shows that serum creatinine increased significantly after UUO, but renal performance improved  
261 significantly through serelaxin treatment by reducing serum creatinine levels from  $1.0 \text{ mg/l} \pm 0.049$   
262 to  $0.80 \text{ mg/l} \pm 0.069$  in WT. cGKI-KO did not improve kidney function through serelaxin.

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263 **4. Discussion**

264 In this study, we demonstrated that serelaxin mediated its antifibrotic effects via NO/cGMP/cGKI, to  
265 inhibit TGF- $\beta$  signaling through Smad- and ERK1-dependent pathways (Figure 8).

266 Serelaxin modulated remodeling processes on several levels resulting in reduced ECM accumulation.  
267 Samuel *et al.* (Samuel et al., 2003) demonstrated that relaxin-1 deficient mice developed age-related  
268 fibrosis in the kidney and other organs. Endogenous relaxin was able to reduce early fibrotic changes  
269 in kidney tissue after UUO (Hewitson et al., 2007). Serelaxin administration has already shown renal  
270 antifibrotic effects in models of kidney injury, including renal papillary necrosis (Garber et al., 2001),  
271 antiglomerular basement membrane model (McDonald et al., 2003), spontaneously hypertensive rats  
272 (Lekgabe et al., 2005), models of renal mass reduction (Garber et al., 2003) and UUO (Hewitson et  
273 al., 2010).

274 In our study renal interstitial fibrosis was induced by UUO for 7 days, a method for rapid  
275 development of interstitial fibrosis with enhanced ECM deposition (Chevalier et al., 2009) In our  
276 experiments, ECM components and ECM producing cells were increased. Signaling pathways were  
277 regulated differently in the fibrotic and unobstructed kidney tissue. TGF- $\beta$  and CTGF, important  
278 profibrotic cytokines, were markedly elevated in fibrotic kidneys. TGF- $\beta$  signaling is mediated via  
279 Smad-dependent or independent pathways to induce myofibroblast differentiation and gene  
280 expression of collagens, fibronectin, CTGF, ECM degrading MMPs and several other profibrotic  
281 stimuli (Leask and Abraham, 2004). In accordance with previous work on UUO (Masaki et al.,  
282 2003;Pat et al., 2005;Hewitson et al., 2010), in the current experiment both signaling mechanisms are  
283 activated in fibrotic tissues, indicated through enhanced ERK1 as well as Smad2 phosphorylation.

284 Animals were treated with serelaxin starting immediately after UUO. cGMP was upregulated in  
285 fibrotic tissue and further increased in mice treated with serelaxin, suspecting a cGMP dependent  
286 signaling mechanism for serelaxin. The NO/cGMP signaling pathway has often been demonstrated to  
287 influence remodeling processes in different organs, including the kidney (Wang-Rosenke et al.,  
288 2011;Sun et al., 2012;Schinner et al., 2015). Phosphodiesterase inhibitors have already shown their  
289 antifibrotic effects by enhanced cGMP availability (Rodriguez-Iturbe et al., 2005;Bae et al., 2012).  
290 cGKI is involved in the signaling process of serelaxin, as serelaxin treated WT mice caused enhanced  
291 activity of cGKI, indicated by the cGKI specific phosphorylation at Ser239 of VASP and Ser92 of  
292 PDE5 compared to untreated mice. The association of cGKI with antifibrotic effects was already  
293 shown by Schinner *et al.* (Schinner et al., 2013) and Cui *et al.* (Cui et al., 2014) in a model of UUO-  
294 induced renal fibrosis. This was confirmed in our model for serelaxin signaling, as we observed a  
295 significant antifibrotic and antiremodelling effect indicated by reduced fibronectin, Col1A1, total  
296 collagen and  $\alpha$ -SMA in WT. These effects were lacking in the cGKI-KO, suggesting an involvement  
297 of cGKI in the antifibrotic properties of serelaxin in the kidney. As previously observed (Schinner et  
298 al., 2013), fibrosis marker were reduced in non-treated cGKI-KO compared to non-treated WT,  
299 however serelaxin treatment did not decrease fibrosis marker in cGKI-KO.

300

301 Serelaxin mainly realizes its antifibrotic effects via the relaxin receptor RXFP1, which is present or  
302 expressed in the kidney (Hsu et al., 2002;Halls et al., 2015) as well as in rat renal fibroblasts and  
303 myofibroblasts in vitro (Masterson et al., 2004) and in vivo (Mookerjee et al., 2009). The effect of  
304 RXFP1 on the enhancement of NO still remains unclear. It is discussed, that it signals through nNOS  
305 to enhance NO/cGMP in myofibroblasts (Mookerjee et al., 2009;Chow et al., 2012) without the

306 involvement of eNOS. eNOS appears to have a more significant role in the arterial vasodilatory  
307 effect (McGuane et al., 2011) of serelaxin than in the antifibrotic. However eNOS as well as nNOS  
308 were not increased in our experiment, this does not exclude a role of eNOS or nNOS in the protective  
309 effect of serelaxin as the interplay of the diverse NOS isoforms in the suppression against interstitial  
310 renal fibrosis was previously observed (Morisada et al., 2010). Changes in the expression levels do  
311 not reveal the alterations in the activity of these enzymes, e.g. an altered intracellular calcium  
312 concentration would change the activity of the calcium-dependent eNOS and nNOS. The inhibition  
313 of phosphodiesterases, e.g. the cGMP specific PDE5a, also augments cGMP,. However, PDE5a was  
314 strongly enhanced in fibrosis, the phosphorylation of PDE5a at the cGKI-specific phosphorylation  
315 site serine 92 (Thomas et al., 1990) was additionally strongly upregulated after treatment. The  
316 phosphorylation implicates increased enzyme activity as well as augmented affinity of cGMP to  
317 allosteric binding sites (Rybalkin et al., 2002;Francis et al., 2010) suggesting an autoregulatory  
318 feedback mechanism. Due to the cGKI-specific phosphorylation, no effect of serelaxin on PDE5a  
319 phosphorylation was observed in cGKI-KO.

320 There is evidence, that TGF- $\beta$  protein levels are reduced in vivo through serelaxin treatment (Garber  
321 et al., 2001). But consistent with published data from Hewitson *et al.* (Hewitson et al., 2010), we  
322 confirmed that serelaxin has no influence on TGF- $\beta$ 1 protein levels in kidney tissue in vivo. Most  
323 important TGF- $\beta$  effects are regulated through phosphorylation of Smad proteins (Massague, 1998)  
324 or enhanced ERK1/2 signaling (Inoki et al., 2000). Suzuki *et al.* (Suzuki et al., 2004) as well as Piek  
325 *et al.* (Piek et al., 2001) have shown, that fibronectin synthesis is regulated via the TGF- $\beta$  dependent  
326 ERK1/2 signaling pathway. Consistent with previous publications (Mookerjee et al., 2009;Chow et  
327 al., 2014;Wang et al., 2016) we found reduced Smad2 phosphorylation through serelaxin treatment to  
328 abrogate ECM accumulation and myofibroblast differentiation. TGF- $\beta$  dependent ERK signaling was  
329 also inhibited by reduced phosphorylation of ERK1. As no effects of reduced Smad2 or ERK1  
330 phosphorylation were observed in the cGKI-KO, we suspect the involvement of cGKI in the  
331 suppression of TGF- $\beta$  signaling through serelaxin. The inhibition of ERK1 phosphorylation through  
332 cGMP is in accordance to previous reports (Yeh et al., 2010;Beyer et al., 2015). However, in  
333 cultured rat renal myofibroblasts ERK1/2 phosphorylation was enhanced (Mookerjee et al.,  
334 2009;Chow et al., 2012) and, in contrary, in human renal fibroblasts no influence on ERK1/2  
335 phosphorylation was observed via serelaxin treatment (Heeg et al., 2005). Species and cell-specific  
336 changes may explain different regulations.

337 The gelatinases MMP2 and MMP9 are ECM-degrading enzymes involved in the remodeling  
338 processes of the kidney, but their role is very complex. They are differently regulated in published  
339 work (Heeg et al., 2005;Hewitson et al., 2007;Hewitson et al., 2010;Chow et al., 2012). Upregulation  
340 increases the degradation of ECM, but on the other hand they also activate TGF- $\beta$  (Abreu et al.,  
341 2002) and increase the degradation of collagen IV, which is mainly included in the basement  
342 membrane and therefore favours EMT (Ronco et al., 2007).

343 MMP2 was strongly upregulated in fibrotic kidney, whereas MMP9 was unchanged in this  
344 pathological condition. Consistent with the current work, in rodents after UUO elevated MMP2  
345 levels (Sharma et al., 1995) and decreased MMP9 activity (Gonzalez-Avila et al., 1998) were found.  
346 MMP2 gene expression was shown to be increased through Smad2-dependent TGF- $\beta$  signaling (Piek  
347 et al., 2001). Through serelaxin treatment both latent and active MMP2 were decreased, which might  
348 be explained through reduced phosphorylation of Smad2. The activity of MMP9 was increased.  
349 Hewitson *et al.* (Hewitson et al., 2010) showed similar results 9 days after UUO, where MMP2  
350 correlated with disease severity. The regulation of MMP2 and MMP9 is assumed to be dependent on  
351 cGKI, as cGKI-KO mice had no treatment dependent MMP regulation.

352 CTGF is an early downstream gene of TGF- $\beta$ , which augments fibrotic effects by directly  
353 potentiating TGF- $\beta$  effects and inhibiting the renoprotective BMP7 signaling. Furthermore it interacts  
354 with different growth factors and ECM components, to modify their functions or turnovers (Lee et  
355 al., 2015). But most of the signaling mechanisms of CTGF remain unknown. Consistent with our  
356 results, Yokoi *et al.* (Yokoi et al., 2004) demonstrated increased CTGF levels in rats 7 days after  
357 UUO and improved kidney fibrosis through antisense oligonucleotide treatment. The reduction of  
358 CTGF protein levels is supposed to be mediated through cGKI, as no effects were observed in the  
359 cGKI-KO mice in our study. Nevertheless, data from TGF- $\beta$  stimulated rat renal cortical fibroblasts  
360 showed that serelaxin had no influence on mRNA levels of CTGF (Masterson et al., 2004).

361 Kidney function was estimated through measurement of serum creatinine levels using HPLC method.  
362 In accordance with our results, Honma *et al.* (Honma et al., 2014) also showed significantly  
363 increased serum levels in mice 7 days after UUO. Through the treatment of serelaxin a significant  
364 improvement of kidney function, estimated by decreased serum creatinine levels, was observed in our  
365 experiments as well as in previous experiments in RLX<sup>-/-</sup> mice (Samuel et al., 2004) and a  
366 antiglomerular basement membrane model (McDonald et al., 2003), when treated with serelaxin.  
367 Whether this increase is due to increased renal plasma flow and glomerular filtration rate (Danielson  
368 et al., 2006) of the contralateral kidney or due to structural changes in the obstructed kidney remains  
369 unclear.

370 We conclude, that serelaxin signals via RXFP1 and the increase of NO/cGMP and inhibits Smad- and  
371 ERK1-dependent TGF- $\beta$  signaling through cGKI. cGKI is additionally involved in PDE5a-  
372 phosphorylation for the autoregulation of cGMP-dependent effects. Our results identify serelaxin as  
373 antifibrotic agent and broaden the understanding of its signaling process involving cGMP/cGKI.  
374 Further elucidation of the serelaxin signaling pathways will be important for its possible applicability  
375 in the treatment of chronic kidney diseases.

376

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380 Germany.

### 381 **Autors' Contribution**

382 VW, ES, LF and JS were involved in the conception, design and interpretation of the experiments;  
383 VW, ES, FK and JS performed and analyzed the experiments; FH contributed essential material;  
384 VW, ES and JS wrote the manuscript; all authors were involved in the critical revision of the  
385 manuscript for important intellectual content

386

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565 **Abbreviations:**

- 566  $\alpha$ -SMA –  $\alpha$ -smooth muscle actin  
567 cGKI – cGMP-dependent protein kinase 1  
568 cGMP – cyclic guanosine monophosphate  
569 CKD – chronic kidney disease  
570 Col1A1 – collagen1A1  
571 CTGF – connective tissue growth factor  
572 ECM – extracellular matrix  
573 eNOS – endothelial nitric oxide synthase  
574 ERK – extracellular-signal regulated kinase  
575 GAPDH – glyceraldehyde-3-phosphate dehydrogenase  
576 KO – knock out  
577 MMP – matrix metalloproteinase  
578 NO – nitric oxide  
579 PDE – phosphodiesterase  
580 P-VASP – phospho-vasodilator- stimulating phosphoprotein  
581 RLX – serelaxin  
582 RXFP1 – relaxin family peptide receptor 1  
583 Smad – small mothers against decapentaplegic protein  
584 TGF- $\beta$  – transforming growth factor- $\beta$   
585 UUU – unilateral ureteral obstruction  
586 WT – wildtype

587

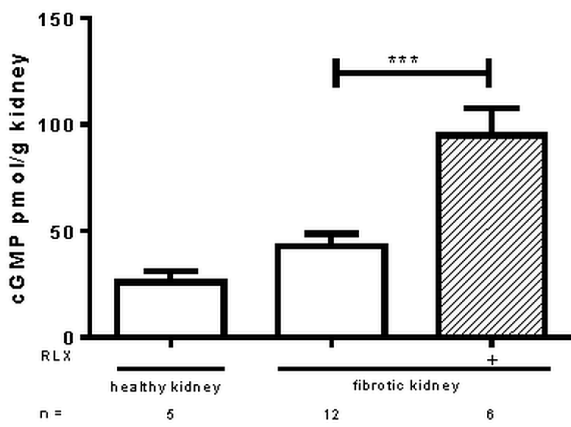
588 **ACKNOWLEDGEMENT**

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590

Provisional

(A)



(B)

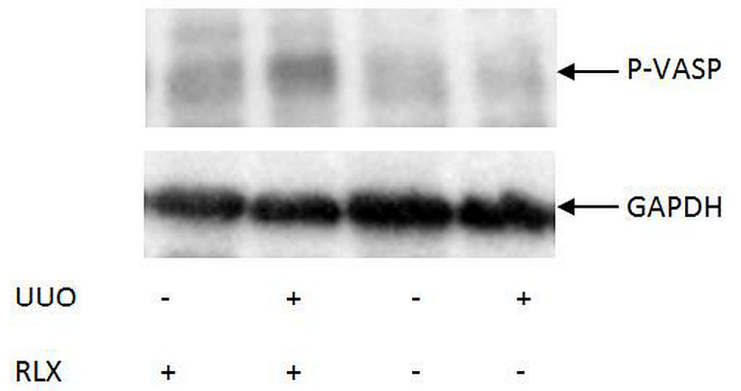
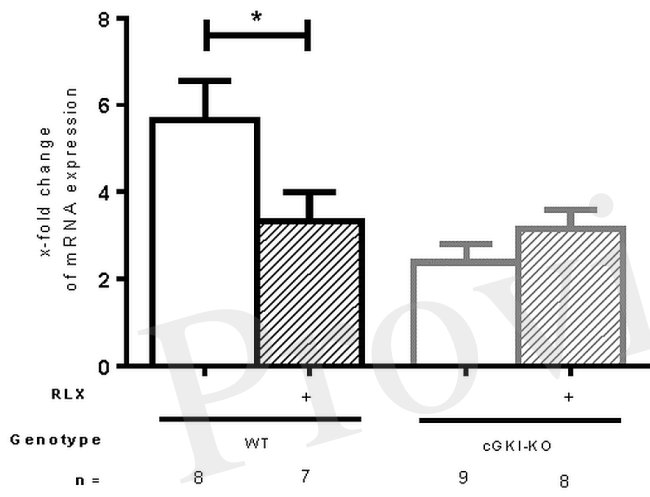


Figure 02.TIF

(A)



(B)

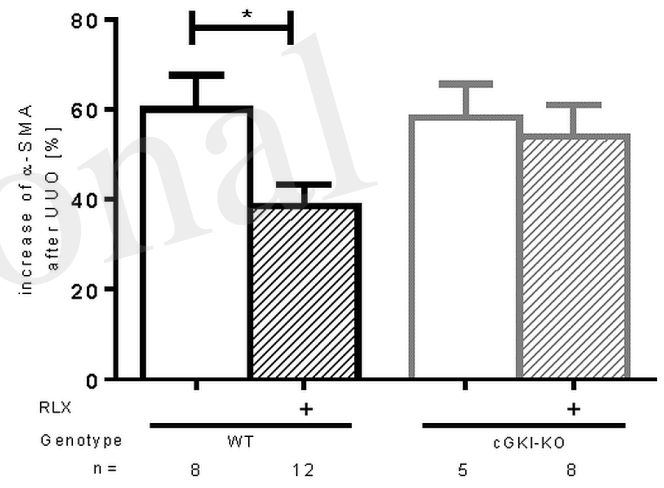
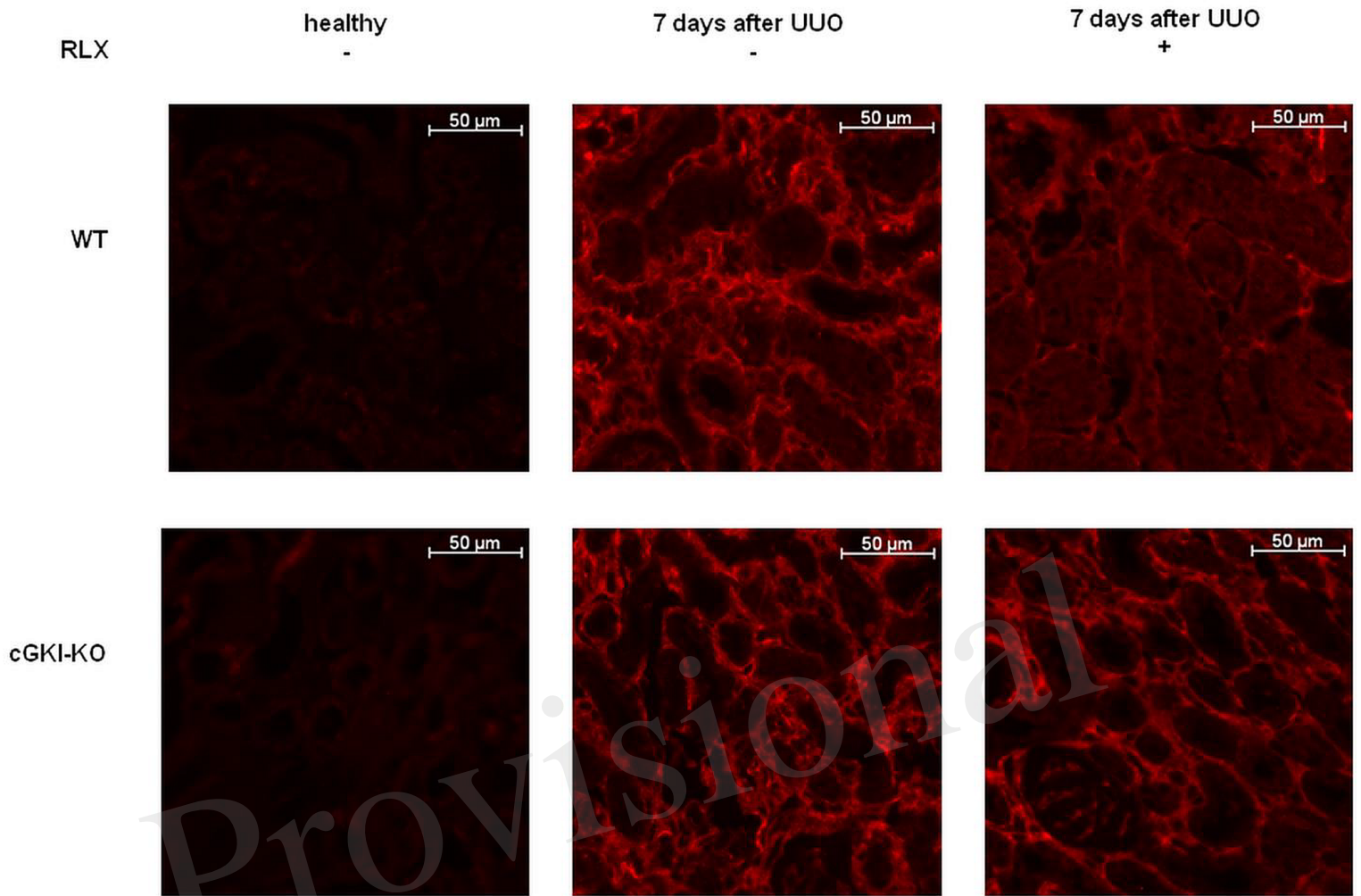
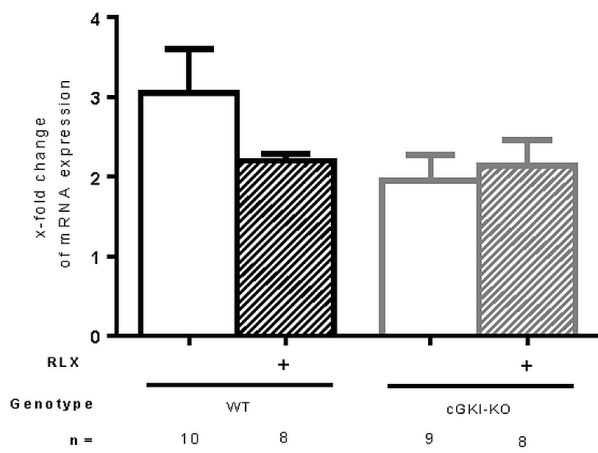


Figure 03.TIF

(A)



(B)



(C)

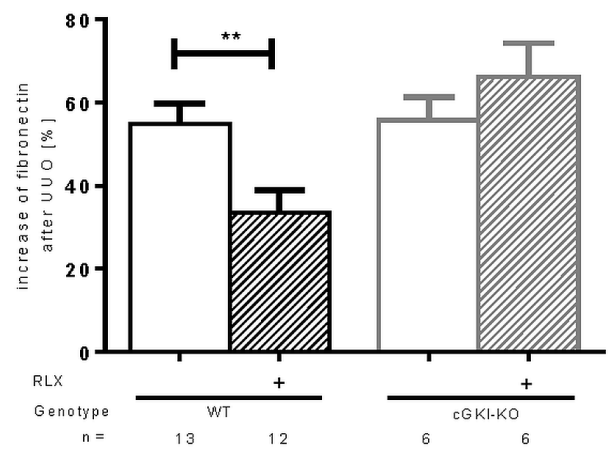
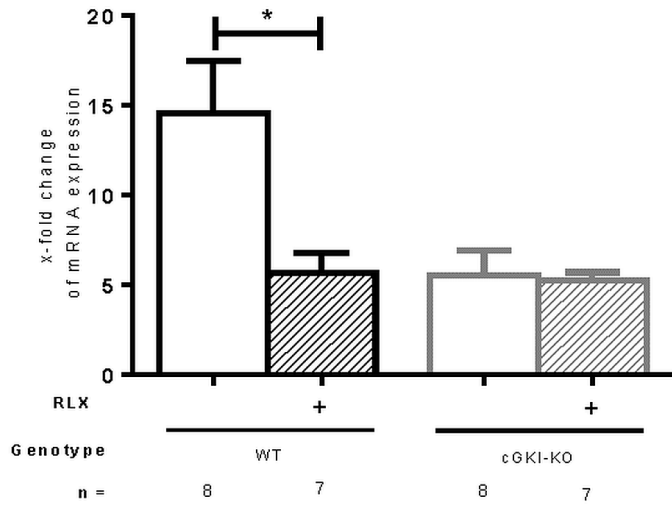
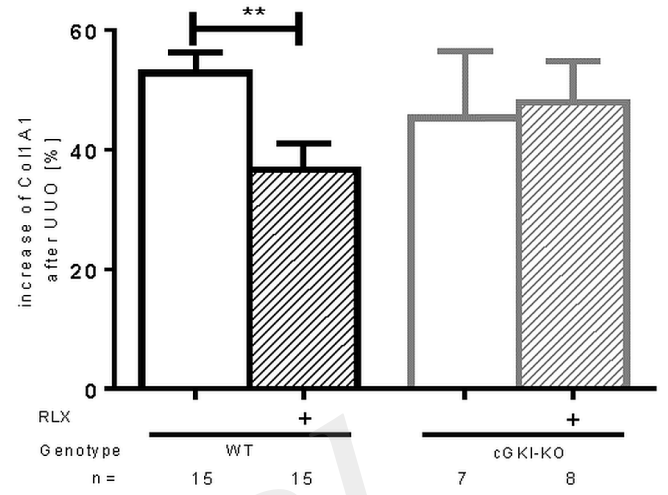


Figure 04.TIF

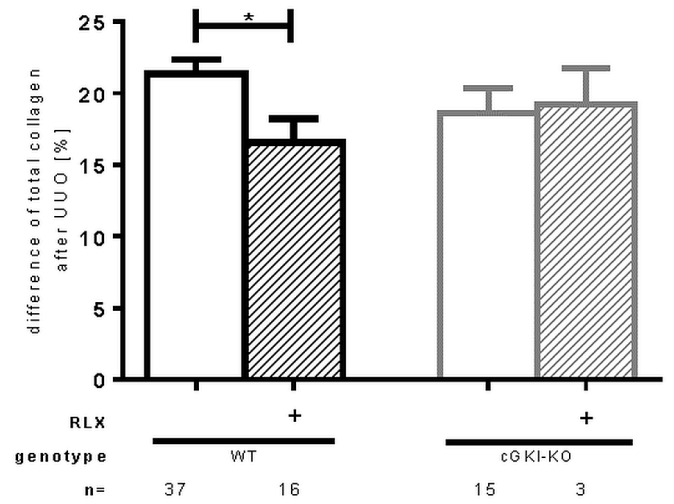
(A)



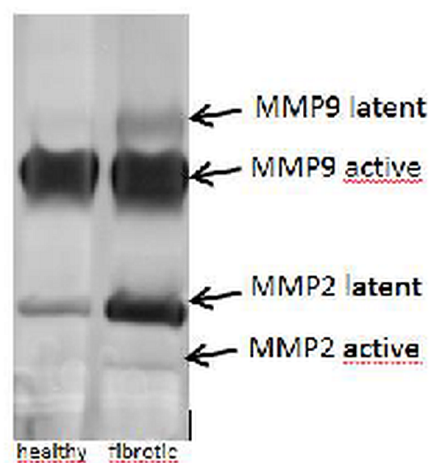
(B)



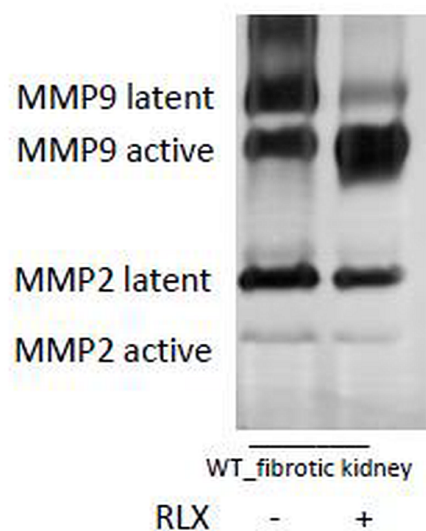
(C)



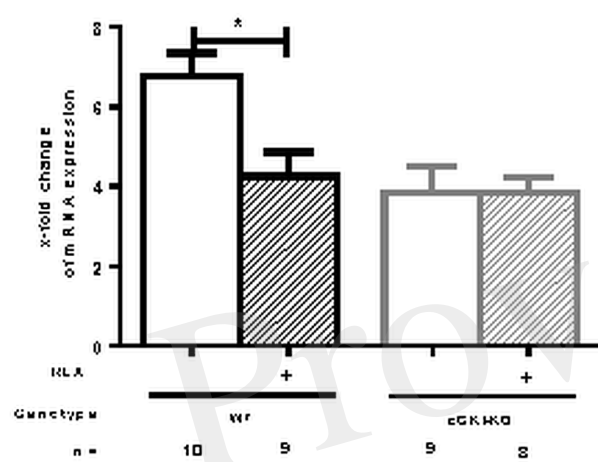
(A)



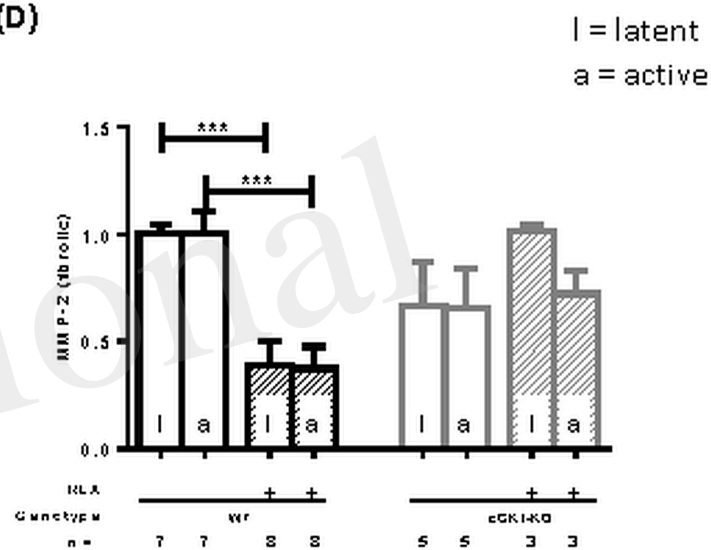
(B)



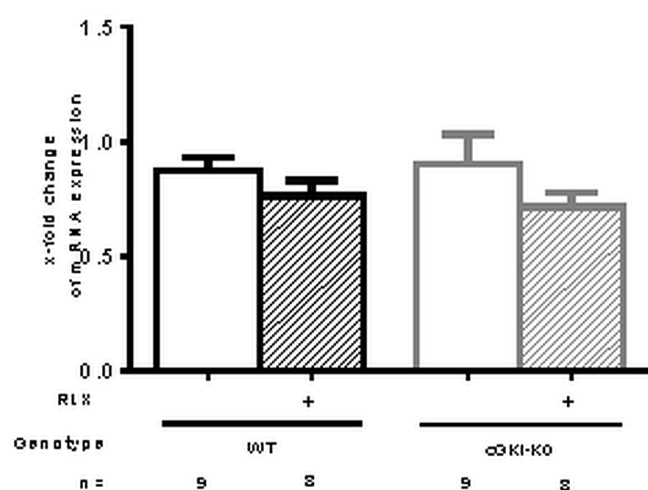
(C)



(D)



(E)



(F)

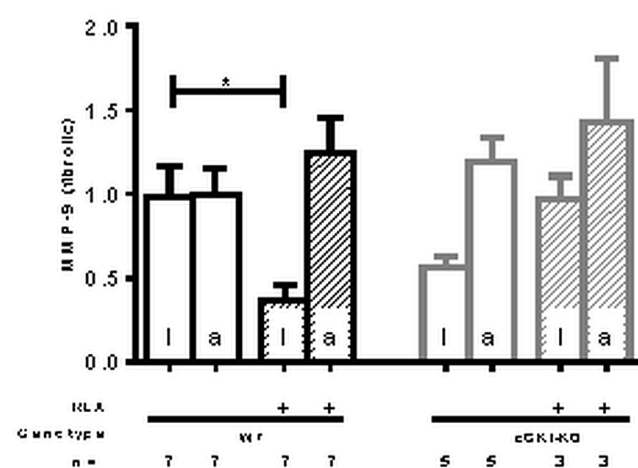




Figure 06.TIF

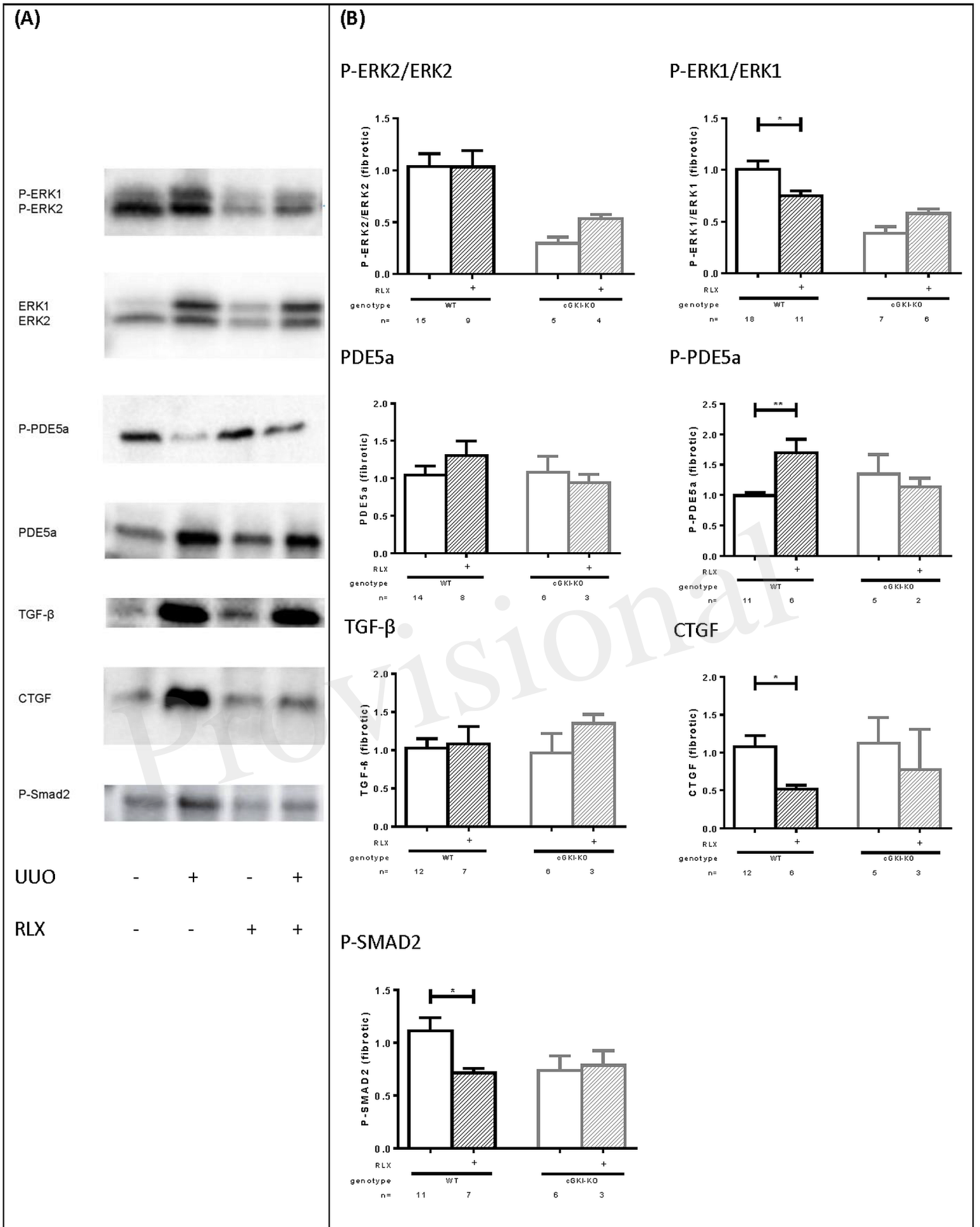


Figure 07.TIF

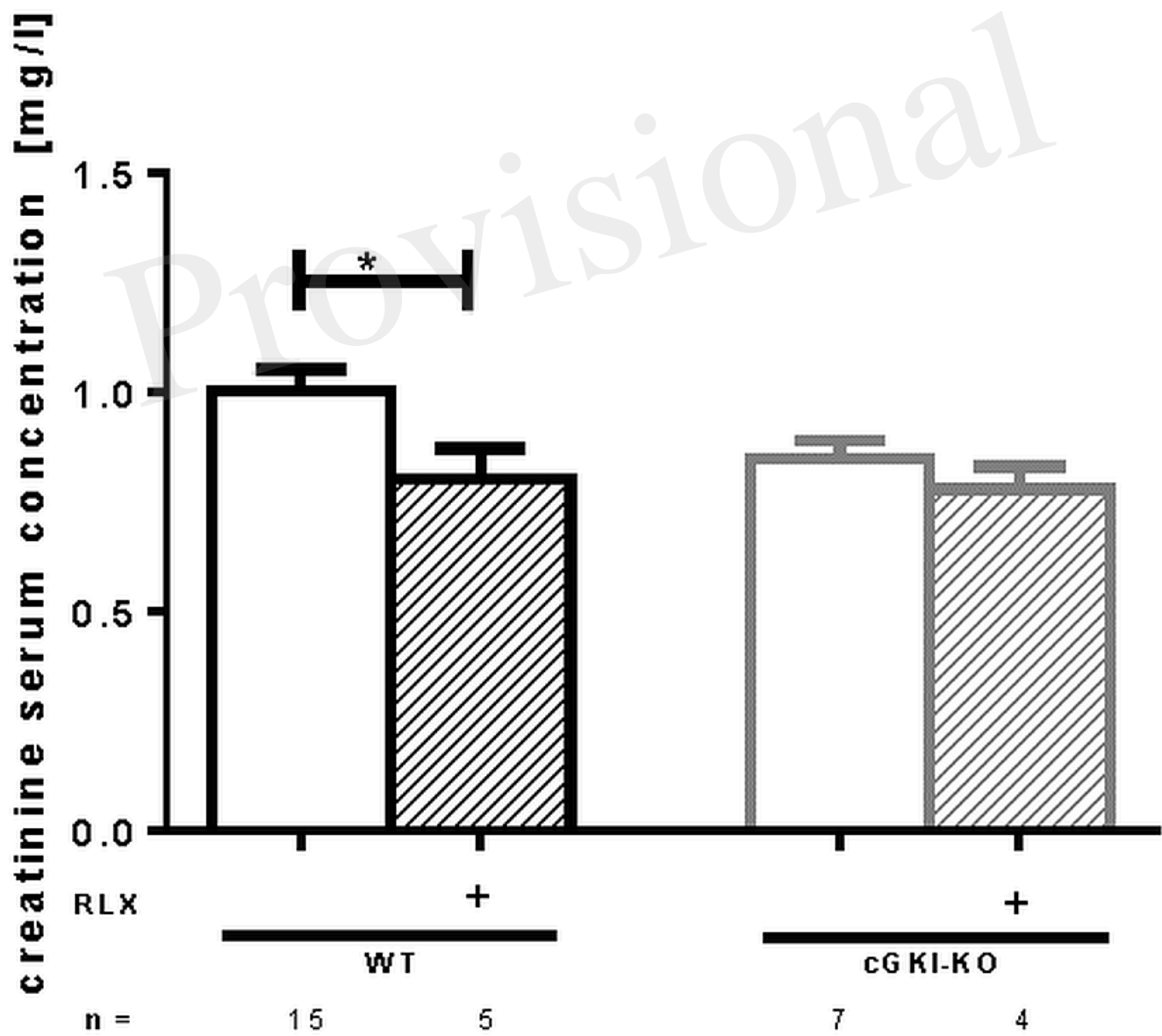


Figure 08.TIF

