

# Symmetry-controlled temporal structure of high-harmonic carrier fields from a bulk crystal

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High-harmonic (HH) generation in crystalline solids<sup>1-6</sup> marks an exciting development, with potential applications in highefficiency attosecond sources<sup>7</sup>, all-optical bandstructure reconstruction<sup>8,9</sup> and quasiparticle collisions<sup>10,11</sup>. Although the spectral<sup>1-4</sup> and temporal shape<sup>5</sup> of the HH intensity has been described microscopically<sup>1-6,12</sup>, the properties of the underlying HH carrier wave have remained elusive. Here, we analyse the train of HH waveforms generated in a crystalline solid by consecutive half cycles of the same driving pulse. Extending the concept of frequency combs<sup>13-15</sup> to optical clock rates, we show how the polarization and carrier-envelope phase (CEP) of HH pulses can be controlled by the crystal symmetry. For certain crystal directions, we can separate two orthogonally polarized HH combs mutually offset by the driving frequency to form a comb of even and odd harmonic orders. The corresponding CEP of successive pulses is constant or offset by  $\pi$ , depending on the polarization. In the context of a quantum description of solids, we identify novel capabilities for polarization- and phase-shaping of HH waveforms that cannot be accessed with gaseous sources.

Frequency combs<sup>13</sup> are a central concept of ultrafast photonics and metrology<sup>14,15</sup>. A train of light pulses (for example, from a mode-locked laser) with a repetition rate  $\nu_{\rm rep}$  gives rise to a spectrum consisting of a regular comb of equidistant lines spaced at  $\nu_{\rm rep}$ . The latter typically lies in the radio to microwave frequency range<sup>16,17</sup>. If the phase of the carrier wave relative to the maximum of the pulse envelope (that is, the CEP) is constant throughout the entire pulse train, the lowest-frequency comb line is locked to zero<sup>18</sup>. A non-zero phase slip in successive pulses, by contrast, manifests itself in an overall shift of the frequency comb by the carrier-envelope offset (CEO) frequency  $\nu_{\rm CEO}$ .

Phase-locked light pulses ( $\nu_{\rm CEO}=0$ ) feature a well-defined optical waveform, which delivers the high precision needed, for example, in strong-field light-matter interactions<sup>1-12,19-25</sup> and attosecond science<sup>19-21,23,24</sup>. Recently, the carrier wave of infrared and visible pulses has been used to control inter- and intraband quantum motion of electrons in bulk solids<sup>1-6,8,9,11</sup>, resulting in the generation of high harmonics. If generated by phase-locked waveforms, the HH pulses feature a constant CEP between subsequent laser shots<sup>2</sup>. In addition, solid-based HH radiation created by multi-cycle mid-infrared transients has been shown to be structured as a sequence of light bursts synchronized with the field crests of the driving waveform<sup>5,9</sup>.

Here, we extend the concept of frequency combs to a train of HH waveforms generated in a bulk semiconductor within the duration of a single phase-locked multi-terahertz (THz) driving pulse of frequency  $\nu_{\rm THz}$ . We go beyond studies of the intensity envelope<sup>5</sup> and analyse the polarization and the CEP slip between HH pulses emerging in consecutive THz half cycles. The symmetry for specific

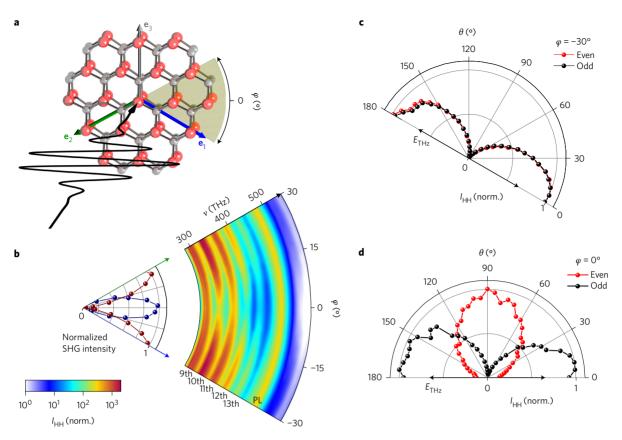
crystal directions determines whether the HH radiation is emitted as nearly identical pulses at repetition rate  $\nu_{\rm THz}$  or as two orthogonally polarized pulses each featuring a repetition rate of  $2\nu_{\rm THz}$  and a sign flip between consecutive pulses. Therefore, the crystal symmetry can be exploited to control the CEP slip and the polarization at optical clock rates—a capability that is not intrinsically available with atoms and molecules.

As a prototypical crystal supporting efficient HH generation (HHG), we studied gallium selenide (GaSe). This semiconductor consists of a van der Waals stack of monolayers, which are composed of two covalently bound sheets of gallium atoms, sandwiched between two sheets of selenium. The symmetry group  $D_3^h$  of the polytype  $\varepsilon$ -GaSe used here (A–B stacking) is also represented by a single GaSe monolayer (Fig. 1a), which exhibits a three-fold rotational axis (c axis) and a horizontal mirror plane (perpendicular to the c axis), but no inversion centre. In the honeycomb lattice, the three equivalent vectors  $\mathbf{e}_1$ ,  $\mathbf{e}_2$  and  $\mathbf{e}_3$  (Fig. 1a, arrows) that point along the bonds connecting a selenium with its neighbouring gallium atoms indicate the 'armchair directions', whereas the 'zigzag directions' (for example,  $\mathbf{e}_1$ – $\mathbf{e}_2$ ) line up with the vector connecting nearest atoms of the same species.

To generate HH radiation, we focused linearly polarized, intense, few-cycle THz pulses with a central frequency of  $v_{\rm THz} = 33$  THz (Supplementary Fig. 1) at perpendicular incidence onto a freestanding c-cut GaSe window with a thickness of 40 µm. The peak THz electric field in the focus amounts to 47 MV cm<sup>-1</sup>. For reasons of symmetry, THz excitation along the three equivalent armchair directions  $\mathbf{e}_1$ ,  $\mathbf{e}_2$  and  $\mathbf{e}_3$  (Fig. 1a, arrows) must generate identical HH emission. Therefore, the complete polarization dependence of HHG can be determined by varying the THz polarization direction between  $\mathbf{e}_1$  and  $-\mathbf{e}_2$  (Fig. 1a, shaded area). We denote the THz polarization with respect to the crystal lattice with the crystal angle  $\varphi$ , and choose  $\varphi = 0^{\circ}$  to match the zigzag direction  $\mathbf{e}_1 - \mathbf{e}_2$ , which is in the middle of the above shaded area. With this choice,  $\varphi = -30^{\circ}$  $(+30^{\circ})$  refers to the situation where the THz field lines up with  $e_1$  $(-e_2)$ . Figure 1b shows the polarization-integrated HH spectra as a function of  $\varphi$  in the range  $-30^{\circ} \le \varphi \le +30^{\circ}$ . A full 360° scan (Supplementary Fig. 2) confirms the six-fold symmetry of the HH intensity repeating the pattern defined in Fig. 1b. The intensity is strongest if the THz field points along the bond directions (for example,  $\varphi = \pm 30^{\circ}$ ). For intermediate angles, the intensity is reduced but still encompasses both even and odd orders.

The orientation of the crystal and hence the angle  $\varphi$  is readily confirmed by second-harmonic (SH) generation<sup>26</sup> since this process requires a broken inversion symmetry, which in GaSe occurs most strongly along the armchair directions  $\pm \mathbf{e}_1$ ,  $\pm \mathbf{e}_2$  and  $\pm \mathbf{e}_3$  (see Supplementary Information for details). The inner graph of Fig. 1b shows the measured SH intensity  $I_{\text{SH},\parallel}$  and  $I_{\text{SH},\perp}$  polarized along (red spheres) and perpendicular to (blue spheres) the THz

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**Figure 1 | High-harmonic intensity and polarization for different crystal orientations of gallium selenide. a**, Top-view of the crystal structure of gallium selenide with the definition of the armchair directions  $\mathbf{e}_1$ ,  $\mathbf{e}_2$  and  $\mathbf{e}_3$ . Gallium atoms, grey spheres; selenium atoms, red spheres. For HHG, a multi-THz waveform (in black) is focused onto the GaSe sample under normal incidence. The full symmetry of GaSe is encoded in the 60°-region shown as a shaded area. **b**, Right: high-harmonic intensity,  $I_{HH}$  (colour bar), as a function of the crystal angle  $\varphi$  and frequency  $\nu$ . The harmonic orders are indicated at the bottom of the plot. The label 'PL' marks the spectral position of the photoluminescence peak of GaSe. Left: intensity of second-harmonic generation (SHG) along different crystal angles  $\varphi$ . The second-harmonic component polarized parallel to the fundamental wave (red spheres) features intensity peaks for  $\varphi = \pm 30^\circ$ , whereas the component polarized perpendicular to the fundamental wave (blue spheres) is maximal for  $\varphi = 0^\circ$ . The blue and green arrows indicate the symmetry directions  $\mathbf{e}_1$  and  $-\mathbf{e}_2$ , respectively.  $\mathbf{c}$ ,  $\mathbf{d}$ , High-harmonic intensity of even (red) and odd (black) orders as a function of the polarization angle  $\theta$  with respect to the fundamental THz field, for  $\varphi = -30^\circ$  ( $\mathbf{c}$ ) and  $\varphi = 0^\circ$  ( $\mathbf{d}$ ). Each curve has been normalized individually. The even harmonic orders for  $\varphi = 0^\circ$  have a slight residual parallel polarization contribution at  $\theta = 0^\circ$  and  $\theta = 180^\circ$  because of the spectral overlap with the tails of odd harmonics. The polarization direction of the fundamental driving field is indicated by the double-headed arrow  $E_{\text{THz}}$ .

field, respectively. Indeed,  $I_{\rm SH,||}$  reaches its maximum for  $\varphi=\pm30^\circ$ , while it vanishes along the inversion symmetric zigzag direction  $\varphi=0^\circ$ . Conversely, the perpendicular component  $I_{\rm SH,\perp}$  attains its highest value for  $\varphi=0^\circ$  as the symmetry is broken perpendicular to this crystal direction.

To determine the HH polarization, we measured the intensity of even and odd orders as a function of the polarization angle  $\theta$  between the high harmonics and the THz field for the special crystal directions  $\varphi=-30^\circ$  (Fig. 1c) and  $\varphi=0^\circ$  (Fig. 1d). Evidently, the polarization direction of even harmonic orders (red spheres) switches from parallel ( $\varphi=-30^\circ$ ) to perpendicular ( $\varphi=0^\circ$ ) to the driving field, in analogy with the SH, whereas odd harmonics at  $\varphi=-30^\circ$  and  $0^\circ$  (black spheres) are always polarized along the THz field. Hence, the crystal symmetry not only influences the HH efficiency but also selectively rotates the polarization of even harmonic orders. Similar observations have been made in monolayer molybdenum disulfide<sup>27</sup>.

While the angular dependence of HHG in MgO has been modelled with semiclassical electron trajectories<sup>28</sup>, non-perturbative quantum interferences between three or more electronic bands must be included to rigorously explain the generation of even harmonic orders and HH emission for only one polarity of the driving field in GaSe (refs 2,5). This mechanism depends on the

balancing of different interband excitation pathways mediated by material- and frequency-dependent dipole matrix elements and requires a broken inversion symmetry and a non-perturbative excitation<sup>5</sup>. Additionally, the HH polarization direction is conserved only along the bonds  $\mathbf{e}_1$ ,  $\mathbf{e}_2$  and  $\mathbf{e}_3$  of GaSe (Fig. 1). As demonstrated in refs 2 and 5, the corresponding excitations can be reduced to a polarization-conserving and effectively one-dimensional dynamics in reciprocal space, as long as one fully includes non-perturbative quantum interferences. This reduction must be generalized for an electric field that significantly excites electrons along multiple bond directions. We find that such a situation can be described by a linear combination of three effectively one-dimensional excitation components associated with the  $e_1$ ,  $e_2$  and  $e_3$  directions (Supplementary Information). The resulting total HH emission does not necessarily conserve the polarization direction because each of these components typically exhibits different nonlinearities and non-perturbative quantum interferences. As representatives for odd and even orders, Fig. 2 compares the computed HH intensity I<sub>HH</sub> of the 9th (black curve) and 12th harmonic order (red curve) with the experimental data (spheres) as a function of  $\varphi$ . Our theory quantitatively explains the measured  $\varphi$ -dependence of  $I_{\rm HH}$ (Fig. 2a) and the HH polarization angle  $\theta$  (Fig. 2b). The agreement also holds for other orders (Supplementary Fig. 6). Figure 2b shows

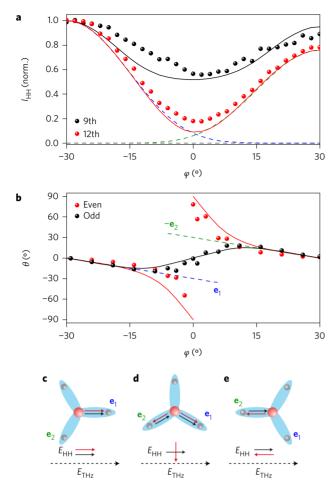


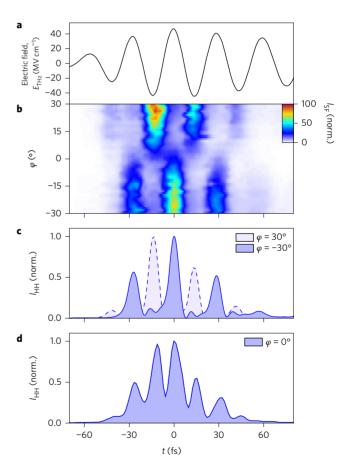
Figure 2 | Crystal-angle dependence of HH generation and comparison between experiment and theory. a, Experimental (dots) and calculated (solid curves) high-harmonic intensity of the 9th (black) and 12th (red) harmonic orders as a function of the crystal angle  $\varphi$  normalized separately. The contributions of the three directions  $\mathbf{e}_1$ ,  $\mathbf{e}_2$  and  $\mathbf{e}_3$  to the calculated 12th harmonic are depicted as blue, green and grey dashed curves, respectively. b, Experimental (dots) and calculated (solid curves) polarization of evenorder (red) and odd-order (black) harmonics as a function of the crystal angle  $\varphi$ . The polarization angle  $\theta = 0^{\circ}$  corresponds to a HH polarization aligned with the THz field. For comparison, the directions  $\mathbf{e}_1$  and  $-\mathbf{e}_2$  are shown as blue and green dashed lines, respectively. c-e, Schematics of the main contributing crystal directions with their respective dipoles for the special cases  $\varphi = -30^{\circ}$  (c),  $\varphi = 0^{\circ}$  (d) and  $\varphi = 30^{\circ}$  (e). The direction of the red and black arrows labelled  $E_{\rm HH}$  depicts the macroscopic polarization of even ( $E_{\text{even}}$ ) and odd ( $E_{\text{odd}}$ ) high harmonics. The dashed arrow  $E_{\text{THz}}$  shows the contributing direction of the THz field.

that even- and odd-order high harmonics remain polarized parallel to  $\mathbf{e}_1$  ( $-\mathbf{e}_2$ ) near  $\varphi=\pm30^\circ$ . As  $\varphi$  approaches  $0^\circ$ , the polarization of odd harmonics aligns with the THz field whereas even orders are emitted with perpendicular polarization, in accordance with the experimental data (spheres). Therefore, the crystal orientation in solid-based HHG provides an experimentally viable way to set an arbitrary polarization angle between even and odd harmonic orders (Supplementary Fig. 7).

Our quantum theory also allows us to identify the microscopic origin of this polarization selectivity, which is most dramatic at  $\varphi = 0^{\circ}$ . For this particular case, the THz field  $\mathbf{E}_{\text{THz}} = E \ \mathbf{e}_1 - E \ \mathbf{e}_2$  (dashed arrow in Fig. 2d) is perpendicular to  $\mathbf{e}_3$  and has finite components of equal magnitude but opposite sign along  $\mathbf{e}_1$  and  $\mathbf{e}_2$ , driving HH generation only along those bonds. THz excitation

over each bond generates both even  $E_{\rm even}$  and odd  $E_{\rm odd}$  HH fields. Importantly, the HH response equals  $E_{\text{even}} + E_{\text{odd}}$  along bond  $\mathbf{e}_1$ and  $E_{\text{even}} - E_{\text{odd}}$  along  $\mathbf{e}_2$ , owing to the sign flip in the driving field and the parity difference between even and odd harmonics (Supplementary Information and Supplementary Fig. 3). The relative vectorial directions of even (red arrows) and odd (black arrows) harmonics are also indicated in Fig. 2d along each bond, which shows that linearly coupled excitations (LCE) explain these HH experiments quantitatively, whereas no evidence of a strong nonlinear intermixing of the contributions from individual bond directions is found. The LCE-based vector addition is illustrated in Fig. 2d, and yields the total HHG response  $E_{\text{even}}(\mathbf{e}_1 + \mathbf{e}_2) +$  $E_{\text{odd}}(\mathbf{e}_1 - \mathbf{e}_2)$ , where even and odd harmonic orders are polarized perpendicular to and along the driving field, respectively. It is also clear that HH emission is aligned with one of the bonds when the field points in that particular bond direction (Fig. 2c,e), whereas the even and odd harmonics are abruptly separated as  $\varphi = 0^{\circ}$  is approached (Fig. 2b) because individual bond contributions switch their strength nonlinearly (Supplementary Fig. 5). For example, the e<sub>3</sub> contribution (Fig. 2a, grey dashed line) remains negligible for the  $\varphi$ -range studied here.

The possibility to separate even and odd harmonics by means of their polarization has far-reaching consequences for the temporal



**Figure 3** | Subcycle HH pulse trains generated for different crystal directions. **a**, Electro-optically detected driving THz waveform. The detector response has been accounted for and the temporal axis is directly correlated to the sum-frequency map in **b**. **b**, Sum-frequency intensity  $I_{SF}$  (colour bar) from a nonlinear cross-correlation between HH pulses and an ultrashort gating pulse as a function of delay time t and crystal angle  $\varphi$ . **c,d**, Intensity envelopes of HH pulse trains emitted parallel to  $\mathbf{E}_{THz}$  reconstructed from a cross-correlation frequency resolved optical gating (XFROG) measurement for crystal angles  $\varphi = \pm 30^{\circ}$  (**c**) and  $\varphi = 0^{\circ}$  (**d**).

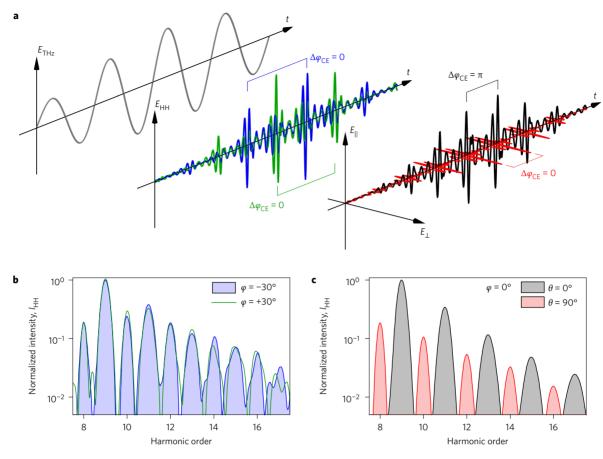


Figure 4 | Temporal structure of the HH carrier wave. **a**, Left: waveform  $E_{\text{THz}}$  of the THz driving field. Middle and right: carrier wave  $E_{\text{HH}}$  of the HH pulse train as a function of time, containing frequency components above the 7th harmonic order. The data are obtained with the quantum theory described in the text. Middle: for THz excitation along  $\varphi = -30^{\circ}$  (blue solid line) and  $\varphi = 30^{\circ}$  (green solid line),  $E_{\text{HH}}$  is polarized along  $E_{\text{THz}}$  (black line in left panel) and the HH pulses are generated with a repetition rate of  $\nu_{\text{THz}}$ . The carrier envelope phase slip between successive pulses,  $\Delta \varphi_{\text{CE}}$ , vanishes. Right: excitation along  $\varphi = 0^{\circ}$  induces two pulse trains featuring parallel (black solid line) and perpendicular (red solid line) polarization components of  $E_{\text{HH}}$  with respect to  $E_{\text{THz}}$ . Both pulse trains occur with a repetition rate of  $2\nu_{\text{THz}}$ , but with different carrier envelope phase slips of  $\Delta \varphi_{\text{CE}} = \pi$  for the parallel polarization component and of  $\Delta \varphi_{\text{CE}} = 0$  for the perpendicular polarization component. **b,c**, High-harmonic frequency combs obtained by a Fourier transform of the corresponding pulse trains in the middle and right panels in **a**. Whereas a single frequency comb of even- and odd-order harmonics is generated for  $\varphi = \pm 30^{\circ}$  (**b**), the two orthogonally polarized pulse trains generated for  $\varphi = 0^{\circ}$  are linked to two sets of comb lines (**c**, black lines,  $\theta = 0^{\circ}$ ; red lines,  $\theta = 90^{\circ}$ ) spaced at  $2\nu_{\text{THz}}$ , but mutually offset by  $\nu_{\text{CEO}} = \nu_{\text{THz}}$ .

emission characteristics. Figure 3 analyses the temporal structure of the total HH emission by recording the intensity of the sum frequency  $I_{SF}(t)$  between the HH pulses and an 8-fs-long near-infrared gating pulse (Supplementary Fig. 1) as a function of the delay time t between the two pulses (see Methods). The phase-matching condition implemented in our experiment makes this scheme selectively sensitive to HH radiation that is polarized parallel to the THz field. Figure 3b shows  $I_{SF}(t)$  as a function of the THz field direction  $\varphi$  with respect to the crystal for a constant CEP of the THz pulses. For  $\varphi = -30^{\circ}$  (along  $\mathbf{e}_1$ ) we observe a HH pulse train containing three main bursts (Fig. 3b,c), which are locked to the positive field crests of the driving waveform (Fig. 3a) due to electronic quantum interference<sup>5</sup>. When the THz field is switched to the  $-\mathbf{e}_2$  direction  $(\varphi = +30^{\circ})$ , only negative crests of the driving field produce HH bursts (Fig. 3b,c), consistent with the crystal symmetry that renders a rotation by 60° equivalent to an inversion of the field direction. In both  $\mathbf{e}_1$  ( $\varphi = -30^\circ$ ) and  $-\mathbf{e}_2$  ( $\varphi = 30^\circ$ ) directions, successive HH pulses are temporally separated by a full THz oscillation period, producing a frequency comb spaced at  $v_{THz}$  as observed in Fig. 1b.

An intriguing situation arises for  $\varphi = 0^{\circ}$ . Since the HH pulses recorded in Fig. 3d occur for every half cycle of the driving waveform, the corresponding frequency comb should be spaced at

 $2\nu_{\rm THz}$ . Yet the spectral maxima in Fig. 1b are actually separated by  $\nu_{\rm THz}$ , containing both even and odd harmonic orders. This apparent contradiction is resolved when polarization is taken into account: even and odd harmonics are emitted with orthogonal polarizations (Figs 1d and 2b). As the time-resolved measurement of Fig. 3d is sensitive to HH components polarized parallel to the driving field, it tracks selectively odd-order harmonics in this case. Since their spectral maxima are separated by  $2\nu_{\rm THz}$ , they are carried by a train of pulses repeating themselves every THz half cycle as experimentally observed in Fig. 3d and quantitatively reproduced by our quantum theory (Supplementary Fig. 4). Consequently, controlling the crystal angle offers a way to modulate the non-perturbative quantum interference experimentally in both the time and frequency domain.

Analysing our results in terms of frequency combs allows us to extract the CEP slip of successive HH bursts emitted within the same driving pulse for the first time to our knowledge. Figure 4a (middle) displays a computed HH time trace for  $\varphi=\pm30^\circ$ . In these cases, both even and odd harmonic orders are polarized parallel to the THz field (Fig. 4a, left), and emission occurs every second half cycle of the driving field; therefore, a spectrum of harmonics spaced at  $\nu_{\rm THz}$  is generated (Fig. 4b). Since the frequency comb is

locked to  $v_{\rm CEO}$  = 0, we conclude that the CEP of successive pulses must be identical, as is indeed indicated by our calculations (Fig. 4a, middle, blue and green curves). For  $\varphi = 0^{\circ}$ , by contrast, the HH emission can be expanded into odd harmonics (black) and even harmonics (red) polarized parallel and perpendicular to the driving field, respectively (Fig. 4a, right). As measured in Fig. 3d, the pulse train for one polarization direction occurs with a repetition rate of  $2\nu_{THz}$ . Our theory not only reproduces this feature, it also proves that the CEP of the pulse train associated with the perpendicular polarization is constant whereas the waveforms emitted with parallel polarization change sign for subsequent THz half cycles. Owing to this property, the perpendicular frequency comb is locked to  $v_{CEO} = 0$  whereas the parallel comb is characterized by  $v_{\text{CEO}} = v_{\text{THz}}$ . Consequently, HH emission at  $\varphi = 0^{\circ}$  results in two combs with a spacing of  $2v_{THz}$  and orthogonal polarizations that are superimposed and offset by  $v_{\rm THz}$  (Fig. 4c), effectively producing a HH spectrum of even and odd orders.

In conclusion, we have demonstrated how the temporal structure of the polarization and the CEP slip of HH waveforms (which constitutes information beyond the intensity envelope) can be controlled by the crystal symmetry. By effectively suppressing the inversion symmetry breaking along some crystal directions, we can selectively modulate the non-perturbative interband interference underlying crystal-based HHG. Our results set a new benchmark for microscopic theories of HHG and afford a novel recipe to custom-tailor HH waveforms at optical clock rates. By tuning the crystal direction and selecting a specific polarization component, we switch between repetition rates  $v_{THz}$  and  $2v_{THz}$  and CEP slips equal to 0 and  $\pi$ , which allows us to implement a level of carrierwave control that exceeds the inherent possibilities provided by atomic and molecular gases. Going beyond such binary control, we foresee that this concept will also lend itself to a continuous control of the HH vector potential. Whereas circularly polarized HHG in atomic gases requires the simultaneous presence of a circularly polarized fundamental wave and of a counter-circularly polarized second harmonic<sup>29</sup>, the presence of equivalent dipoles along  $e_1$ , e<sub>2</sub> and e<sub>3</sub> should allow for circular HHG in a crystal to be driven by the fundamental wave only. More complex polarization-shaped THz waveforms<sup>30</sup> or tailored optical pulses might even reach a complete vectorial pulse synthesis of high harmonics, leading to novel perspectives in solid-state attosecond photonics.

### Methods

Methods and any associated references are available in the online version of the paper.

Received 4 August 2016; accepted 8 February 2017; published online 13 March 2017

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## Acknowledgements

The work in Regensburg was supported by the European Research Council through grant number 305003 (QUANTUMsubCYCLE) as well as by the Deutsche Forschungsgemeinschaft (through grant number HU 1598/2-1 and GRK 1570) and the work in Marburg by the Deutsche Forschungsgemeinschaft (through SFB 1083 and grant number KI 917/2-2 and KI 917/3-1).

#### Author contributions

F.L., M.H. and R.H. carried out the experiment and analysed the data. U.H., S.W.K. and M.K. developed the quantum-mechanical model and carried out the computations. All authors discussed the results and contributed to the writing of the manuscript.

#### Additional information

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# **Competing financial interests**

The authors declare no competing financial interests.

#### Methods

Experimental set-up. We generated high harmonics by irradiating a 40-μm-thick crystal of gallium selenide with intense, multi-THz pulses. These pulses were obtained by difference frequency mixing of two phase-correlated near-infrared pulse trains from a dual optical parametric amplifier pumped by a titanium sapphire amplifier³¹. The centre frequency was tunable and set to 33 THz in the experiments. The peak field strength amounted to 47 MV cm⁻¹ while the pulse duration was approximately 85 fs (full-width at half-maximum of the intensity envelope). High-harmonic spectra were recorded with a spectrograph employing a thermo-electrically cooled silicon charge-coupled device camera. For polarization-resolved measurements we used a Glan-Thompson polarizer with an extinction ratio of 10⁻⁵. Polarization-resolved spectra were corrected for the efficiency of the spectrograph for different polarizations.

Time-resolved measurements of the high-harmonic pulse train were recorded according to the technique introduced in ref. 5. We employed a 10-µm-thick  $\beta$ -barium borate (BBO) crystal to generate the sum frequency component between high harmonics and an 8-fs-long gating pulse from a supercontinuum source as a cross-correlation signal  $^5$ . Established reconstruction algorithms  $^{32}$  were used to extract the HH pulse profile. A direct temporal correlation to the driving field was

achieved by electro-optic detection in a 6.5- $\mu$ m-thick zinc telluride crystal and by accounting for the detector response<sup>33</sup> as well as for the Gouy phase shift<sup>34</sup>.

**Data availability.** The data that support the plots within this paper and other findings of this study are available from the corresponding author upon reasonable request.

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